

## **E.E.N.N. "SITHON"**

# TORONEOS GULF CROSSING, GREECE

## **ALL about the Swimming Marathons 1971-2024**

Marathon Swimming. <u>Toroneos Gulf Crossing</u>. Here, first ever, everything about the 1971-2024 swimming period. The 770 names of those who finished the 25 Km race. Full archival-photographic material. Evaluation of all swimmers in 11 categories. Dedicated to the << <u>King of Toroneos</u>>> <u>Michael Read UK</u>, 27 crossings.



# **Toroneos Gulf Marathon Swim Race**

2024

54th Anniversary Edition

**ISBN:** 9 786180 055979

**Giannis Kotsiopoulos** 

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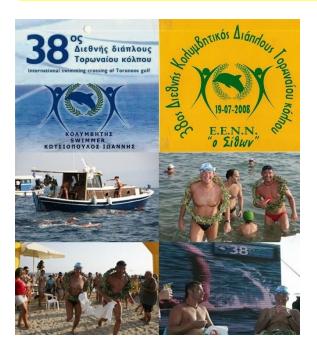
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https://online.fliphtml5.com/wkhar/baim/ (English Language)



INTRODUCTION p. 2-4



The race takes place almost every last Saturday of July. Life experience. Non-stop swimming all day. 25 km from the 1st to the 2nd "leg" of beautiful Halkidiki. You cry

with emotion either as a swimmer or as a spectator at the finish and the award ceremony that follows. It is rightfully included in the calendar with the best OWS races worldwide!

**The Organizer "SITHON":** Youth Cultural Association of Nikiti. In 1971 a small group of young people, inspired by the 150th anniversary of the revolution of 1821, created a swimming institution of global scope.

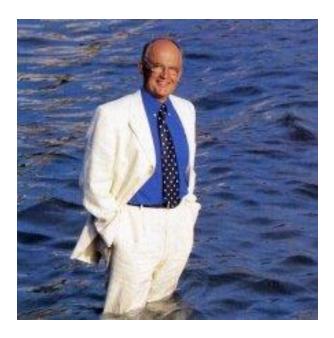


"ΣΙΘΩΝ": Ο ΔΙΟΡΓΑΝΩΤΗΣ ΣΥΛΛΟΓΟΣ στην Νικήτη Χαλκιδικής



**PURPOSE** of the author: As I said personally to the president, I believe that all this will help to publish a book that will be updated annually and can be obtained, for the

benefit of SITHONAS, by those interested. That is, something, perhaps more complete and therefore better than the book for those who have ended the crossing of the English Channel. It was many months of effort to classify and process the archives of 40 of the 54 years that I either had in my collection or found them from the internet. I thank "SITHON", who from his own archives, gave me and I used the data for the 10 oldest versions of the crossing.



**The author: Giannis Kotsiopoulos** A.T. Engineer NTUA, English Channel crossing, (15 successful crossings of Toroneos (25 Km), of which one double crossing (50 Km) and one triple (75 Km) in my 52 years.

The following **excel** contains all of the following. At a glance at each sheet of the following excel, you can see in detail everything mentioned in the table of contents below.

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## 4. Quadruple crossing (4X) The two winners. (in chronological order)

<mark>р. 7</mark>



https://www.youtube.com/watch?v=S8AciGQBMQo

2011. **Stefanos Meltsis (GRE)** (No-wetsuit) (4X) first ever time 37:53:00 years 41 years

2017.**Spyros Chrysikopoulos (GRE)** (The only timeless participation in a Wetsuit in Toroneos) (4X) first ever Wetsuit 34:10:00 years old 26

https://www.youtube.co	om/watch?v=ws	UnaOkX8z8
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## 5. Triple crossing (3X) of Toroneos. One Winner (2005).

<mark>р. 8</mark>

A LAST NAME	B	C	D Sex	E Wetsuit/No-	F Age at	G Year of	H Time	(4X)=98Km Quadruple	(3X)=73,5 Km Triple	K (2X) =49 Km	To
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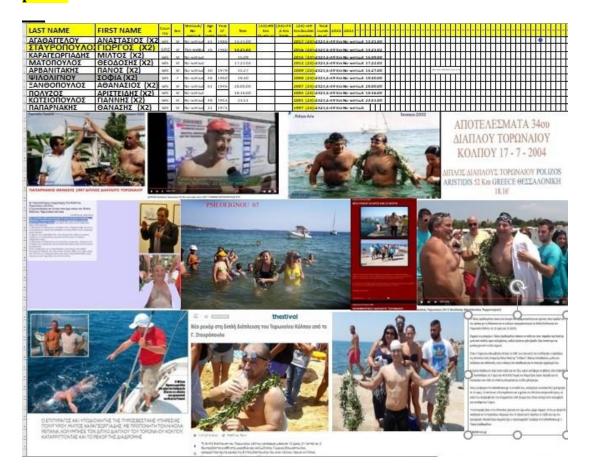
https://www.youtube.com/watch?v=gqKiw6dEcSg&t=22s

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2005. Giannis Kotsiopoulos (3X) (GRE) the only one with Triple Toroneos  $35{:}20{:}00\,$  years old  $52\,$ 



6. Double crossing (2X) of Toroneos. The ten winners (in chronological order) p. 9-14



1996. Thanasis Paparnakis (2X) (GRE) years old 22



## 2001.Giannis Kotsiopoulos (2X) (GRE) 23:51:00 years old 48

https://www.youtube.com/watch?v=QKj608ib010



ΔΙΠΛΟΣ διάπλους Τορωναίου 52 Km non stop swim 2001 ΓΙΑΝΝΗΣ ΚΩΤΣΙΟΠΟΥΛΟΣ ΕΤ3

## 2004. **Aris Polyzos** (2X) (GRE) 18:16:00 years old 31



## 2007. Athanasios Xanthopoulos (2X) (GRE) 28:00:00 years old 61

Οι περισσότερες συμμετοχές στο διάπλου Τορωναίου κόλπου,

Ο μεγαλύτερος σε ηλικία που έχει κάνει τον διπλό διάπλου Τορωναίου κόλπου

ουν ολοκληρώσει. Αθανάσιος Ξανθόπουλος γεννήθηκε στις 4 Μαρτίου 1946 και είναι ο μεγαλύτερος σε ηλικία που κατάφερε να κολυμπήσει τα 52 χιλιόμετρα

μεγαλύτερος σε ηλικία που κατάφερε να κολυμπήσει τα 52 χιλιόμετρα χωρίς διακοπή.
Ο χρόνος που απαιτήθηκε δεν είναι σημαντικός καθώς οι καιρικές συνθήκες και τα θαλάσσια ρεύματα είναι δυνατόν να παίξουν καθοριστικό ρόλο.
Ο Αθανάσιος Ξανθόπουλος είναι πολιτικός μηχανικός, κατάγεται από τη Νικήτη της Χαλιαδικής και έχει διατελέσει βουλευτής του Ελληνικού Κοινοβουλίου.

Κοινοβουλίου. Είναι ο άνθρωπος με τις περισσότερες συμμετοχές στο Διεθνή Κολυμβητικό διάπλου του Τορωναίου κόλπου καθώς έχει λάβει μέρος στις 34 από τις 37 διοργανώσεις που έχουν πραγματοποιηθεί μέχρι σήμερα και έχει τερματίσει στις 25 από αυτές.





## 2008.**Sofia Psilolignou** (2X) (GRE) 19:30:00 years old 48

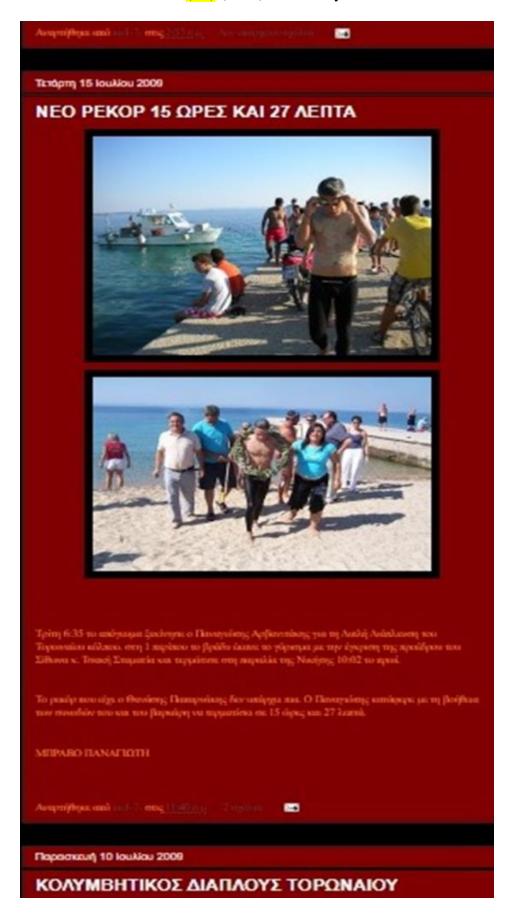
Η ΠΡΩΤΗ ΚΑΙ ΜΟΝΑΔΙΚΗ ΕΛΛΗΝΙΔΑ ΠΟΥ ΔΙΕΠΛΕΥΣΕ ΤΗ ΜΑΓΧΗ Η Πρατή Που Κολυμπήσε Δίπλο Διαπλογ ΚορώνΗ-Καλαματά Η ΠΡΩΤΗ ΠΟΥ ΚΟΛΥΜΠΗΣΕ ΔΙΠΛΟ Διαπλού Του Κορώναιου Κολπού



Η Σοφία Ψηλόλιγνου γεννήθηκε το 1960. Είναι κολυμβήτρια και υπήρξε μέλος των εθνικών ομάδων νεανίδων και γυναικών, με πολλές πανελλήνιες νίκες στα εθνικά πρωταθλήματα και τρεις τρίτες νίκες σε Βαλκανιάδες. Είναι η πρώτη Ελληνίδα που διέπλευσε τη Μάγχη και μάλιστα δύο φορές, κάτι που δεν έχει επιτύχει άλλη Ελληνίδα. Ο χρόνος της ήταν 10 ώρες και 40 λεπτά - επίδοση που χαρακτηρίζεται εξαιρετική. Είναι η πρώτη μεταξύ όλων των Ελλήνων που κολύμπησε τον διπλό διάπλου Κορώνη-Καλαμάτα, δηλαδή μια απόσταση 60χλμ.

Επίσης, στις 17 Ιουλίου 2008, έγινε η πρώτη Ελληνίδα που πραγματοποίησε τον διπλό διάπλου του Τορωναίου Κόλπου (Κασσάνδρας). Κολύμπησε τα 52 χιλιόμετρα της συνολικής απόστασης σε 19½ ώρες.

Η Σοφία Ψηλόλιγνου έχει κολυμπήσει σε δεκάδες σημαντικούς αγώνες όπως τους διάπλους Βοσπόρου, Τορωναίου Κόλπου, Κεφαλονιάς, Μεσσηνιακού και Μαλλιακού Κόλπου. Είναι πτυχιούχος της ΑΣΟΕΕ και μητέρα τριών παιδιών.



## 2012. Theodosis Matopoulos (2X) (GRE) 17:22:03

 $https://www.youtube.com/watch?v=NyruU\_Yagdw$ 



Διπλός Τορωναίος 2012 Θεοδόσης Ματόπουλος Τερμοτισμός2

## 2015.Miltos Karageorgiadis (X2) (GRE) 15:09:00

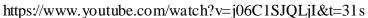
https://www.youtube.com/watch?v=usNh0kfqvVA&t=16s



Ο ΕΠΙΠΥΡΑΓΟΣ ΚΑΙ ΥΠΟΔΙΟΙΚΗΤΗΣ ΤΗΣ ΠΥΡΟΣΒΕΣΤΙΚΗΣ ΥΠΗΡΕΣΙ ΠΟΛΥΓΥΡΟΥ, ΜΙΛΤΟΣ ΚΑΡΑΓΕΩΡΓΙΑΔΗΣ, ΜΕ ΠΡΟΠΟΝΗΤΗ ΤΟΝ ΝΙΚ ΡΕΠΑΝΑ, ΚΟΛΥΜΠΗΣΕ ΤΟΝ ΔΙΠΛΟ ΔΙΑΠΛΟΎ ΤΟΥ ΤΟΡΩΝΑΙΟΎ ΚΟΛΙ ΚΑΤΑΡΡΙΠΤΟΝΤΑΣ ΚΑΙ ΤΟ ΡΕΚΙΟΡ ΤΗΣ ΔΙΑΔΡΟΜΗΣ 2016. George Stavropoulos (X2) (GRE) 13:21:02 36 years old The fastest in the double Toroneos.



2017. Tasos Agathangelou (X2) (GRE) 13:31:00 31 years old







## 7. Swimmers with the most finishes in simple Toroneos crossings

## **p.** 15-16

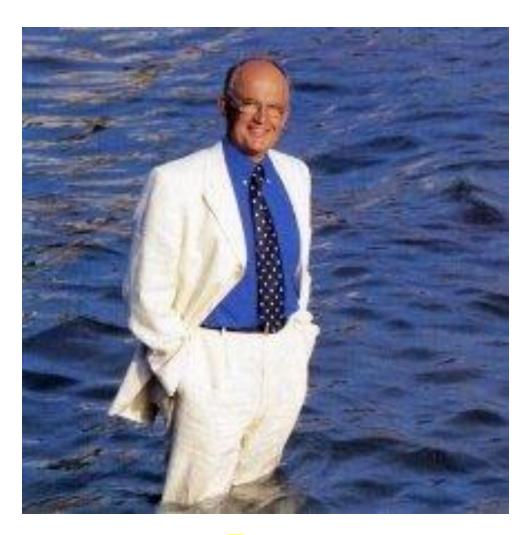
A	B	C	D	E	F	G	Н	1	J	K	L	M	N	0
LAST NAME	FIRST NAME	Country	Sex -	Wetsuit/No- wetsuit	Age at swim	Year of birth	Time	(4X)=98Km Quadruple crossing	(3X)=73,5 Km Triple crossing	(2X) =49 Km Double crossing	Total number of single crossings	2025	2024	2023
READ	MICHAEL PETER	UK	M	No-wetsuit			07:08:00				27			2023 14
<b>ΞΑΝΘΟΠΟΥΛΟΣ</b>	ΑΘΑΝΑΣΙΟΣ (Χ2)	GRE	M	No-wetsuit	67	1946	11:15			2007 (2X)=	20			
ΚΩΤΣΙΟΠΟΥΛΟΣ	ΓΙΑΝΝΗΣ (X3)+(X2)	GRE	М	No-wetsuit	55	1953	9:04		2005 (3X)	2001 (2X)=	15			
MANYOKI	ATTILA	HUN	M	No-wetsuit			06:19:00				13			2023 40
ΜΑΘΑΣ	ΓΕΩΡΓΙΟΣ	GRE	M	No-wetsuit	60	1963	08:37:00				11			2023 15
ПАПАРNАКН	KATEPINA	GRE	F	No-wetsuit			07:00:00				11			
ΠΑΠΑΡΝΑΚΗΣ	ΑΘΑΝΑΣΙΟΣ (Χ2)	GRE	M	No-wetsuit	26	1972	07:00:00			1997 (2X)=	11			
ΚΟΥΤΛΙΑΝΟΣ	ΒΑΣΙΛΕΙΟΣ	GRE	M	No-wetsuit			12:12				10			
ΠΟΛΥΖΟΣ	ΑΡΙΣΤΕΙΔΗΣ (Χ2)	GRE	М	No-wetsuit			08:26:00			2004 (2X)=	10			
ΚΟΤΡΩΝΑΡΟΣ	ΠΑΝΑΓΙΩΤΗΣ	GRE	M	No-wetsuit			07:34:00		- 1		9			
ΨΙΛΟΛΙΓΝΟΥ	ΣΟΦΙΑ (Χ2)	GRE	F	No-wetsuit	45	1960	8.47.10			2008 (2X)=	9			
ΚΑΡΑΚΥΡΙΑΖΗΣ	ΚΥΡΙΑΚΟΣ	GRE	M	No-wetsuit			08:36:00			25 33%	8			
ΚΑΘΑΡΙΟΣ	ΚΩΣΤΑΣ	GRE	M	No-wetsuit			08:12:00				7			
ΜΕΛΤΣΗΣ	ΣΤΕΦΑΝΟΣ (Χ4)	GRE	M	No-wetsuit			7:13	2011 (4X)=	4X24,5=98	Km first eve	7			
ΦΕΣΣΑΣ	ΧΡΗΣΤΟΣ	GRE	M	No-wetsuit			08:50:00				7			
ΒΡΕΤΤΟΣ	ΓΙΩΡΓΟΣ	GRE	M	No-wetsuit	60	1935	09:52:00				6			
ΓΑΓΓΑΔΗΣ	ΑΛΕΞΑΝΔΡΟΣ	GRE	M	No-wetsuit			7.49.53				6			
ΔΡΟΣΟΣ	ΣΤΕΛΙΟΣ	GRE	M	No-wetsuit			7:47				6			4
ΜΠΑΤΖΗΣ	ΧΡΙΣΤΟΦΟΡΟΣ	GRE	M	No-wetsuit			10:29				6			



Read Michael UK (27 finishes in 28 races)



Xanthopoulos Thanasis (GRE) (20 finishes in 31 crossings)



Kotsiopoulos Giannis (GRE) (15 finishes in 15 crossings)



## 8. Elders, who finished the simple crossing of Toroneos

<mark>р. 17</mark>

A.	B	С	D	E	F	G	н	(4X)=98Km	(3X)=73,5	(2X) =49	Total number	М	N	Ť
LAST NAME	FIRST NAME	Country	Sex 🔻	Wetsuit/No- wetsu	Age at	Year of birt	Time	Quadrunie crossi *	Km Trinle crossi	Km Double crossi *	of single crossing	2025	2024	1
READ	MICHAEL PETER	UK	м	No-wetsuit	82	1941	OTL							
READ	MICHAEL PETER	UK	M	No-wetsuit	78	1941	11:27				- 1			T
READ	MICHAEL PETER	UK	M	No-wetsuit	71	1941	10:10	3		1 1				7
MUGOWAN	ELLERY	AUS	M	No-wetsuit	68	1946	11:56:00							٦
<b>ΞΑΝΘΟΠΟΥΛΟΣ</b>	ΑΘΑΝΑΣΙΟΣ	GRE	M	No-wetsuit	67	1946	11:15							٦
READ	MICHAEL PETER	UK	M	No-wetsuit	65	1941	10:54							ī
READ	MICHAEL PETER	UK	M	No-wetsuit	64	1941	09:54:00	3		1 1				٦
READ	MICHAEL PETER	UK	M	No-wetsuit	63	1941	08:48:00							٦
ΞΑΝΘΟΠΟΥΛΟΣ	ΘΑΝΑΣΗΣ	GRE	M	No-wetsuit	62	1946	15:49							٦
ΜΠΑΝΤΟΥΒΑΝΗΣ	ΠΑΝΑΓΙΩΤΗΣ	GRE	M	No-wetsuit	62	1962	7:18:42				- 1		2024 800	ς
ΨΙΛΟΛΙΓΝΟΥ	ΣΟΦΙΑ	GRE	F	No-wetsuit	62	1960	11:13:00	3						٦
ΞΑΝΘΟΠΟΥΛΟΣ	ΑΘΑΝΑΣΙΟΣ	GRE	M	No-wetsuit	61	1946	28:00:00			2007 (2X)=	2X24,5=49 Km N	lo-wetsuit 2	8:00:00	٦
READ	MICHAEL	UK	M	No-wetsuit	61	1941	8:40					A STANSON	DALLOW, N. L.	Т
READ	MICHAEL	UK	M	No-wetsuit	60	1941	09:33:00				-			П
ΜΑΘΑΣ	ΓΕΩΡΓΙΟΣ	GRE	M	No-wetsuit	60	1963	OTL			3 3				ī
ΒΡΕΤΤΟΣ	ΓΙΩΡΓΟΣ	GRE	M	No-wetsuit	60	1935	13:00:00							Τ
READ	MICHAEL	UK	M	No-wetsuit	59	1941	08:20:00							Τ
READ	MICHAEL	UK	M	No-wetsuit	58	1941	11:24:00				-			П
ΨΙΛΟΛΙΓΝΟΥ	ΣΟΦΙΑ	GRE	W	No-wetsuit	56	1960	8.47.10			1 1				٦
ΚΩΤΣΙΟΠΟΥΛΟΣ	ΓΙΑΝΝΗΣ	GRE	M	No-wetsuit	55	1953	10:37							٦
ΚΩΤΣΙΟΠΟΥΛΟΣ	ΓΙΑΝΝΗΣ	GRE	M	No-wetsuit	54	1953	10:22							٦
READ	MICHAEL	UK	M	No-wetsuit	54	1941	11:41:00				- 1		2	П
ΨΙΛΟΛΙΓΝΟΥ	ΣΟΦΙΑ	GRE	F	No-wetsuit	54	1960	9:02:00			1 1				П
ΚΩΤΣΙΟΠΟΥΛΟΣ	ΓΙΑΝΝΗΣ	GRE	M	No-wetsuit	53	1953	11:59							٦
READ	MICHAEL	UK	M	No-wetsuit	53	1941	10:10:00							٦
ΜΠΑΝΤΟΥΒΑΝΗΣ	ΠΑΝΑΓΙΩΤΗΣ	GRE	M	No-wetsuit	52	1962	6:25:00				-			7
ΚΩΤΣΙΟΠΟΥΛΟΣ	ΓΙΑΝΝΗΣ (3Χ)	GRE	M	No-wetsuit	52	1953	35:20:00	- 3	2005 (3X)	=3X24,5=73	5 Km first ever	No-wetsuit	35:30:00	П
ΜΑΘΑΣ	ΓΕΩΡΓΙΟΣ	GRE	M	No-wetsuit	52	1963	11:47							7
ΚΩΤΣΙΟΠΟΥΛΟΣ	ΓΙΑΝΝΗΣ	GRE	M	No-wetsuit	51	1953	9:04							٦
ΧΑΡΑΛΑΜΠΙΔΗΣ	ΝΙΚΟΛΑΟΣ	GRE	M	No-wetsuit	50	1971	11:37				-			٦
NTOBEARDY	MAPIA	GRE	W	No-wetsuit	49	1972	8:39							7
ΤΡΙΑΝΤΑΦΥΛΛΙΔΗΣ	ΓΕΩΡΓΙΟΣ	GRE	M	No-wetsuit	49	1972	11:00							٦
ΜΑΘΑΣ	ΓΙΩΡΓΟΣ	GRE	M	No-wetsuit	49	1963	9:36							٦
MARKO	CATHY	FRA	F	No-wetsuit	49	1963	9:38	- 4			-			1
TOUSSET	JACK	FRA	М	No-wetsuit	48	1964	7:25							Ī
ΚΩΤΣΙΟΠΟΥΛΟΣ	ΓΙΑΝΝΗΣ (Χ2)	GRE	м	No-wetsuit	48	1953	23:51			2001 (2X)=	2X24.5=49 Km N	lo-wetsuit 2	3:51:00	
◆ (2x) To	roneos, 8 finishers	Num	ber of	single cro	ssings	Old	er finishers	You	ınger fir		F (4		4	



Read Michael UK (2023) years old 82



Xanthopoulos Thanasis (GRE) (2013) years old 67



## 9. Youngest, who finished the simple crossing of Toroneos

<mark>p. 18-19</mark>

A	В	C	D	E	F	G	Н	1	J	K	L	M	N
LAST NAME	FIRST NAME	Country	Sex	Wetsuit/No- wetsui*	Age at swin	Year of birth	Time	(4X)=98K m Quadrul '	(3X)=73,5 Km Triple crossit *	(2X) =49 Km Double crossin *	Total number of single crossings	2025	2024
VEMOURI	KAUSTUBH	INDIA	M	No-wetsuit	9	1997	10:04						
ANTINIA	SANDOS	INDIA	M	No-wetsuit	12	1993	08:37:00						
ΠΟΛΥΖΟΣ	ΟΡΕΣΤΗΣ	GRE	M	No-wetsuit	17	2004	8:39						
ΚΩΤΣΙΟΠΟΥΛΟΥ	KATEPINA	GRE	F	No-wetsuit	17	1980	8:30						
ΚΩΤΣΙΟΠΟΥΛΟΥ	KATEPINA	GRE	F	No-wetsuit	18	1980	08:18:00						
ΘΕΟΦΑΝΟΥΣ	ΧΡΙΣΤΟΦΟΡΟΣ	GRE	M	No-wetsuit	19	2004	10:29:02					5	18
ΚΩΤΣΙΟΠΟΥΛΟΥ	KATEPINA	GRE	F	No-wetsuit	19	1980	09:43:00						
KARAJOVANOV	JANE	GRE	M	No-wetsuit	21	1979	05:42:00						
ΣΑΧΠΑΖΙΔΗΣ	ΑΝΑΣΤΑΣΙΟΣ	GRE	M	No-wetsuit	21	1992	5:25						0.
ΜΑΡΙΝΟΠΟΥΛΟΥ	ΓΕΩΡΓΙΑ	GRE	W	No-wetsuit	21	2000	6:51			-			Q.
ΑΘΑΝΑΣΟΥΛΑΚΗΣ	ΑΝΑΣΤΑΣΙΟΣ	GRE	M	No-wetsuit	21	2003	5:50:45						2024
ΓΑΡΕΦΗΣ	ΧΡΗΣΤΟΣ	GRE	M	No-wetsuit	22	1955							
ΠΑΠΑΡΝΑΚΗΣ	ΘΑΝΑΣΗΣ	GRE	M	No-wetsuit	22	1975				1997 (2X):	2X24,5=49 Km	No-wetsu	uit
ΣΑΧΠΑΖΙΔΗΣ	ΑΝΑΣΤΑΣΙΟΣ	GRE	M	No-wetsuit	22		6:05:00			S 75 - 35			100
ΠΑΠΑΘΑΝΑΣΙΟΥ	ΒΑΣΙΛΗΣ	GRE	M	No-wetsuit	23	1982	9:55						
ΜΑΘΑΣ	ΠΩΡΓΟΣ	GRE	M	No-wetsuit	24	1963	09:17:00						
ΠΑΠΑΡΝΑΚΗΣ	ΑΘΑΝΑΣΙΟΣ	GRE	M	No-wetsuit	24	1975	11:36						
MANYOKI	ATTILA	HUN	M	No-wetsuit	25	1974	08:47:00						1
BROUER	CARINA	RSA	F	No-wetsuit	25	1980	07:59:00						
ΠΑΠΑΡΝΑΚΗΣ	ΑΘΑΝΑΣΙΟΣ	GRE	M	No-wetsuit	26	1972	08:06:00						I
MANYOKI	ATTILA	GRE	M	No-wetsuit	26	1974	07:17:00						
ΠΑΠΑΡΝΑΚΗΣ	ΑΘΑΝΑΣΙΟΣ	GRE	M	No-wetsuit	26	1975	08:45:00						
ΧΡΥΣΙΚΟΠΟΥΛΟΣ	ΣΠΥΡΟΣ	GRE	M	Wetsuit	26	1991	34:10:00	2017 (4X)	=4X24,5=9	8 Km first e	ver Wetsuit 34	4:10:00	I.
MANYOKI	ATTILA	HUN	M	No-wetsuit	27	1974	07:36:00			1			
D'OTTAVIO	PATRICIO	ARG	M	No-wetsuit	28	1971	08:40:00						
MANYOKI	ATTILA	HUN	M	No-wetsuit	28	1974	07:07:00						
ΧΡΥΣΙΚΟΠΟΥΛΟΣ	ΣΠΥΡΟΣ	GRE	M	No-wetsuit	28	1993	5:48						
ЛОҮКА	ΒΑΣΙΛΙΚΗ	GRE	W	No-wetsuit	28	1993	8:42						
DIAZ	MARCOS	DOM	M	No-wetsuit	29	1975	06:26:00						



Vemouri Kaustubh INDIA (2005) years old 9



Antinia Sandos INDIA (2005) years old 12



Polyzos Orestis (GRE) (2019) years old 17



**Kotsiopoulou Katerina (GRE)** (1997) **17** years old, 20th at the IMSA OWS World Championship in 1997.



## 10. The fastest men who finished in the simple crossing of Toroneos

**p. 20** 

A	В	С	D	E	F	G	Н	-	J	K	L	М	N
LAST NAME	FIRST NAME	Country	Sex	Wetsuit/No- wetsuit	Age at swim	Year of birth	Time	(4X)=98Km Quadruple crossin =		(2X) =49 Km Double crossin( =	Total number of single crossings -	2025	2024
BENER	YAL	USA	M	No-wetsuit			5:14						
ΣΑΧΠΑΖΙΔΗΣ	ΑΝΑΣΤΑΣΙΟΣ	GRE	M	No-wetsuit	21	1992	5:25						
ΚΟΘΩΝΙΔΗΣ	ΙΩΑΝΝΗΣ	GRE	M	No-wetsuit			5:27						-
ΠΑΠΑΡΝΑΚΗΣ	ΘΑΝΑΣΗΣ	GRE	M	No-wetsuit			05:29:00		i. ii				
CINGI	BOJAN	SRB	M	No-wetsuit			05:38:00						
ΚΕΛΝΙΚΟΛΑΣ	ΙΩΑΝΝΗΣ	GRE	M	No-wetsuit			05:40:00						
KARAJOVANOV	JANE	North Mac	M	No-wetsuit	21	1979	05:42:00						
ΧΡΥΣΙΚΟΠΟΥΛΟΣ	ΣΠΥΡΟΣ	GRE	м	No-wetsuit	28	1993	5:48						
STEFANOVSKI	TOMMY	North Mac	M	No-wetsuit			5:48		9 0				
SALAH EL DIN MORSY	HOSSAM	EGY	M	No-wetsuit			5:50						
SALAH EL DIN MORSY	MOHAMED	EGY	M	No-wetsuit			5:50		(c. )				-
ΑΘΑΝΑΣΟΥΛΑΚΗΣ	ΑΝΑΣΤΑΣΙΟΣ	GRE	M	No-wetsuit	21	2003	5:50:45						2024 1ος
PAL	GEORGI	HUN	M	No-wetsuit			05:54:00						
VELKOV	VASIL	North Mac	M	No-wetsuit			5:55						
MIRIANI	MAURICIO JAVIER	ARG	M	No-wetsuit			5:57						
ΤΣΙΑΛΑΣ	ΠΕΤΡΟΣ	GRE	M	No-wetsuit			05:59:00						
VELKOV	VASIL	North Mac	M	No-wetsuit			06:03:00						
ΣΑΧΠΑΖΙΔΗΣ	ΑΝΑΣΤΑΣΙΟΣ	GRE	M	No-wetsuit	22		6:05:00						
DIAZ	MARCOS	DOM	M	No-wetsuit			06:09:00						
ΠΑΠΑΔΟΠΟΥΛΟΣ	ΧΡΗΣΤΟΣ	GRE	M	No-wetsuit			06:10:00						
D'OTTAVIO	PATRICIO	ARG	M	No-wetsuit	-		6:15				7		
ΡΟΔΟΛΦΟΥ	ΡΟΔΟΛΦΟΣ	CYP	M	No-wetsuit			6:15:03				č j		2024 2ος
AFAOAFFFAON	TAFOF	CDF		Mary control to	- 1		00:47:00		15		1		



Jay Bener (USA) (1997) 5:14:00



Sachpazidis Anastasios (GRE) (2013) 5:25:00







Marinopoulou Georgia (GRE) (2019) 6:51:00



## 12. Winners with the most finishes in 1st place in Toroneos single crossing p.23

6	A	8	C	D	Ł	F	G	Н		J	K	L	M	N
L	AST NAME	FIRST NAME	Country	Αριθμός νικών μ	Sex	Wetsuit/No- wetsuit	Age at swim	Year of birth	Time	(4X)=98Km Quadruple crossin =			Total number of single crossings	2025
E	DIAZ	MARCOS	DOM	4	M	No-wetsuit			06:09:00				92 N	
E	ΒΡΕΤΤΟΣ	ΓΙΩΡΓΟΣ	GRE	3	M	No-wetsuit	43	1935	09:52:00					
>	(ΡΥΣΙΚΟΠΟΥΛΟΣ	ΣΠΥΡΟΣ	GRE	2	M	No-wetsuit	28	1993	5:48					
2	ΑΧΠΑΖΙΔΗΣ	ΑΝΑΣΤΑΣΙΟΣ	GRE	2	M	No-wetsuit	21	1992	5:25					
ſ	ΙΑΠΑΡΝΑΚΗΣ	ΑΘΑΝΑΣΙΟΣ	GRE	2	M	No-wetsuit		y .	05:29:00					
0	INGI	BOJAN	SRB	2	M	No-wetsuit			05:38:00					
E	BALAZI	JOLTAN	HUN	2	M	No-wetsuit			06:23:00					
(	DDEMAERE	JOHANES GIAKOMBUS	NED	2	M	No-wetsuit		* *	07:45:00					
F	PICHLER	CRISTIAN	GER	2	M	No-wetsuit			7:20:00					
ı	ΤΑΡΑΣΚΕΥΟΠΟΥΛΟΥ	EBITA	GRE	1	F	No-wetsuit			08:20:00					
1	ΑΘΑΝΑΣΟΥΛΑΚΗΣ	ΑΝΑΣΤΑΣΙΟΣ	GRE	1	M	No-wetsuit			5:50:45					
1	ARTEAGA	MIKEL	ESP	1	M	No-wetsuit			07:38:07					
E	ΒΑΜΒΑΚΙΔΗΣ	ΑΛΕΞΑΝΔΡΟΣ	GRE	1	M	No-wetsuit			08:05:00					
r	ΊΑΝΝΟΥΛΑΚΗΣ	ΧΡΥΣΟΣΤΟΜΟΣ	GRE	1	M	No-wetsuit			6:18					
)	(ΑΡΑΤΑΣΟΣ	ΧΡΗΣΤΟΣ	GRE	1	M	No-wetsuit			08:00:00					
1	ΑΓΑΘΑΓΓΕΛΟΥ	ΑΝΑΣΤΑΣΙΟΣ	GRE	1	M	No-wetsuit			6.00.52					
)	(ΟΥΖΟΥΡΗΣ	ΜΑΤΘΑΙΟΣ	GRE	1	M	No-wetsuit			7:12					
ı	ΙΑΠΑΔΟΠΟΥΛΟΣ	ΧΡΗΣΤΟΣ	GRE	1	M	No-wetsuit			06:10:00					
1	DIMOVSKI	IGOR	North Mac	1	М	No-wetsuit			6:44					
ſ	ΊΑΝΝΟΥΛΗΣ	ΓΙΑΝΝΗΣ	GRE	1	M	No-wetsuit			07:00:00					
1	ΣΙΑΝΟΣ	ΓΕΩΡΓΙΟΣ ΙΩΑΝΝΗΣ	GRE	1	M	No-wetsuit			06:24:00			·		



Diaz Marcos (DOM) 4 times Winner ie. 4 years the fastest of Toroneos



Dr. Georges Vrettos "My Energy"

Vrettos George (GRE) 3 times Winner ie. 3 years the fastest of Toroneos



# 13. 1971-2024. Photographic archive of the 54 editions of the Toroneos crossing p. 24-47

## 1st crossing of Toroneos (1971)



### 2nd crossing of Toroneos (1972)





# $2^{o5}$ КОЛҮМВНТІКОЕ АІАПАОУЕ ТОР $\Omega$ NAIOY КОЛПОУ SWIMMING ACROSS THE GULF OF TORONEOS -26 km-

	TEAIKH I	KATATAEH	
A/A	ONOMA	EONIKOTHTA	XPONOΣ
1	ΠΑΠΑΔΑΚΗΣ ΝΙΚΟΛΑΟΣ	ΕΛΛΑΣ	
2	ΚΟΥΤΛΙΑΝΟΣ ΑΓΓΕΛΟΣ	ΕΛΛΑΣ	
3	ΞΑΝΘΟΠΟΥΛΟΣ ΑΘΑΝΑΣΙΟΣ	ΕΛΛΑΣ	
4	ΠΑΝΑΓΙΩΤΟΥ ΙΩΑΝΝΗΣ	ΕΛΛΑΣ	
5	ΓΙΟΒΑΝΕΚΟΣ ΠΕΤΡΟΣ	ΕΛΛΑΣ	
6	ΖΑΦΕΙΡΟΥΔΗΣ ΧΡΗΣΤΟΣ	ΕΛΛΑΣ	
7	ΠΑΠΑΝΙΚΟΛΑΟΥ ΑΘΑΝΑΣΙΟΣ	ΕΛΛΑΣ	
8	ΑΝΑΓΝΩΣΤΑΡΑΣ ΜΙΧΑΗΛ	ΕΛΛΑΣ	
	EFKATI	ΕΛΕΙΨΑΝ	
1	ΚΥΡΙΑΖΗΣ ΔΗΜΗΤΡΙΟΣ	ΕΛΛΑΣ	
2	ΠΑΠΑΘΑΝΑΣΙΟΥ ΝΙΚΟΛΑΟΣ	ΕΛΛΑΣ	
3	ΑΝΑΓΝΩΣΤΑΡΑΣ ΠΑΥΛΟΣ	ΕΛΛΑΣ	
4	ΠΑΠΑΓΓΕΛΟΣ ΙΩΑΚΕΙΜ	ΕΛΛΑΣ	
5	ΔΕΣΠΟΙΝΙΑΔΗΣ	ΕΛΛΑΣ	
6	ΚΟΥΜΠΟΥΡΗΣ ΙΩΑΝΝΗΣ	ΕΛΛΑΣ	
7	ΚΟΥΜΠΟΥΡΗΣ ΓΕΩΡΓΙΟΣ	ΕΛΛΑΣ	

3rd crossing of Toroneos (1973)

4th crossing of Toroneos (1974) was NOT due to mobilization.

## 5th crossing of Toroneos (1975)



Παραλία Νοκήτης, Ιούλιος 1975, δος Κολαμβητικός Διάκλους τον Τορωναίου Κόλπου. Διακρίτεται μέρος του μεγάλου κλήθος των θεατών. Στην πρώτη στιρά των ορθίων οι πρωτεύουντες κολυμβητές (με τα κύπελα στα χέρα), ο Αθηναίος ιπτρός Γιώργος Βρετάς (με την οκούρα περιβολή), ο Αιγυπτώτης Νίκος Παπαδάκης (με την λευκή περιβολή) και ένας τρέτις καλυμβητής. Στην συνέχεια όρθαι οι βουλευτές της Καλικόκούς. Αθανάπος Αγγ. Φιλεπτόθης, Κανσταντίνος Τοπουκλάκης και Δημήτρου Στάμος (όλοι της Νίας Δημοκρατίας). Δίτλα τους, (όρθος με τα σκούρς γυαλιά), ο Βασ. Ευαγγελινός Δήμαρχος Πολυγόρου. Στο άκρο δεξιά καθήμενος, ο επί σειρά ετών καλυμβητής του Διάκλου, λίγο αργότερα

## 6th crossing of Toroneos (1976)



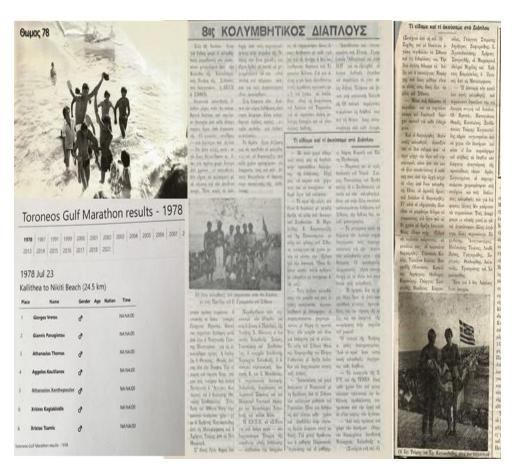
## 7th crossing of Toroneos (1977)

Αξιοσημείωτο το γεγονός ότι το 1977 η κακοκαιρία ήταν τόσο μεγάλη που αναγκάστηκαν να εγκαταλείψουν όλοι οι συμμετέχοντες πλην του Χρήστου Γαρέφη ο οποίος πάλεψε για 2 ώρες και 20 λεπτά με κύματα ύψους 2 μέτρων και τερμάτισε μέσα σε κύματα ενθουσιασμού μπροστά στα έκπληκτα βλέμματα όλων.





## 8th crossing of Toroneos (1978)



## 9th crossing of Toroneos (1979)





## 9°5 ΚΟΛΥΜΒΗΤΙΚΌΣ ΔΙΑΠΛΟΎΣ ΤΟΡΩΝΑΙΟΎ ΚΟΛΠΟΎ SWIMMING ACROSS THE GULF OF TORONEOS -26 km-

		KATATAEH	
A/A	ONOMA	EONIKOTHTA	ΧΡΟΝΟΣ
1	ΚΑΛΗΣΠΕΡΑΤΟΣ ΣΤΕΡΓΙΟΣ	ΕΛΛΑΣ	
	ΚΟΥΤΛΙΑΝΟΣ ΑΓΓΕΛΟΣ	ΕΛΛΑΣ	
	ΞΑΝΘΟΠΟΥΛΟΣ ΑΘΑΝΑΣΙΟΣ	ΕΛΛΑΣ	
	ΘΩΜΑΣ ΑΘΑΝΑΣΙΟΣ	ΕΛΛΑΣ	
1800	ΕΓΚΑΤΙ	ΕΛΕΙΨΑΝ	SELL TREATMENT
1	ОРР РОМПІМ	AMEPIKH	
	ΒΡΕΤΟΣ ΓΕΩΡΓΙΟΣ	ΕΛΛΑΣ	
	ΕΛΑΙΟΔΟΡΟΥ ΣΤΥΛΙΑΝΟΣ	ΕΛΛΑΣ	
	ΑΘΑΝΑΣΙΑΔΗΣ ΓΕΩΡΓΙΟΣ	ΕΛΛΑΣ	
	ΠΑΝΑΓΙΩΤΟΎ ΙΩΑΝΝΗΣ	ΕΛΛΑΣ	
	ΒΟΛΑΝΑΚΗΣ ΓΕΩΡΓΙΟΣ	ΕΛΛΑΣ	
	ΠΑΠΑΓΕΩΡΓΙΟΥ	ΕΛΛΑΣ	
	ΑΝΑΓΝΩΣΤΑΡΑΣ ΜΙΧΑΗΛ	ΕΛΛΑΣ	
9	ΠΑΠΑΘΑΝΑΣΙΟΥ ΝΙΚΟΛΑΟΣ	ΕΛΛΑΣ	
	ΠΕΧΛΙΒΑΝΗΣ ΓΕΩΡΓΙΟΣ	ΕΛΛΑΣ	



10th crossing of Toroneos (1980)

## 11th crossing of Toroneos (1981)



## 12th crossing of Toroneos (1982)

## 13th crossing of Toroneos (1983)





#### 13<sup>∞</sup> ΚΟΛΥΜΒΗΤΙΚΟΣ ΔΙΑΠΛΟΥΣ ΤΟΡΩΝΑΙΟΥ ΚΟΛΠΟΥ SWIMMING ACROSS THE GULF OF TORONEOS -26 km-

	TEAIKH I	KATATAEH	
A/A	ONOMA	EONIKOTHTA	XPONOΣ
1	ΠΗΧΛΕΡ ΚΡΙΣΤΙΑΝ	ГЕРМАНІА	
2	ΝΟΡΜΠΕΡΤ ΣΧΛΑΣΧΣΤΕΒ		
	ΦΕΣΣΑΣ ΧΡΗΣΤΟΣ	ΕΛΛΑΣ	
4	ΓΚΟΓΚΑΣ	ΕΛΛΑΣ	
5	ΔΕΛΑΤΟΛΑΣ	ΕΛΛΑΣ	
6	ΜΠΟΝΤΙΟΣ	ΕΛΛΑΣ	
7	ΠΑΠΑΪΩΑΝΝΟΥ ΟΛΓΑ	ΕΛΛΑΣ	
8	ΠΑΝΑΓΙΩΤΙΔΟΥ ΝΑΥΣΙΚΑ	ΕΛΛΑΣ	
9	ΒΡΕΤΤΟΣ ΓΕΩΡΓΙΟΣ	ΕΛΛΑΣ	
10	ΞΑΝΘΟΠΟΎΛΟΣ ΑΘΑΝΑΣΙΟΣ	ΕΛΛΑΣ	
11	ΘΩΜΑΣ ΑΘΑΝΑΣΙΟΣ	ΕΛΛΑΣ	
12	ΒΑΣΙΛΕΙΟΥ	ΕΛΛΑΣ	
1	ЕГКАТ	ΕΛΕΙΨΑΝ	
1			
2			
3			

## 14th crossing of Toroneos (1984)





#### 14° ΚΟΛΥΜΒΗΤΙΚΟΣ ΔΙΑΠΛΟΥΣ ΤΟΡΩΝΑΙΟΥ ΚΟΛΠΟΥ SWIMMING ACROSS THE GULF OF TORONEOS -26 km-

	TEAIKH	KATATAEH	
A/A	ONOMA	EONIKOTHTA	ΧΡΟΝΟΣ
1	ΕΡΜΕΙΔΗΣ ΙΩΑΝΝΗΣ	ΕΛΛΑΣ	8.10'
2	ΜΑΘΑΣ ΓΕΩΡΓΙΟΣ	ΕΛΛΑΣ	11.10'
3	ΧΡΑΝΙΩΤΗΣ ΘΕΟΔΩΡΟΣ	ΕΛΛΑΣ	11.10'
		ΕΛΕΙΨΑΝ	
1	ΠΑΤΖΟΠΟΥΛΟΣ ΑΛΚΙΒΙΑΔΗΣ	ΕΛΛΑΣ	
2	ΜΟΣΧΙΔΗΣ ΣΑΚΗΣ	ΕΛΛΑΣ	
3	ΑΓΓΕΛΟΠΟΥΛΟΣ ΙΩΑΝΝΗΣ	ΕΛΛΑΣ	
4	ΔΕΛΑΠΟΡΤΑΣ ΙΩΑΝΝΗΣ	ΕΛΛΑΣ	
5	ΚΑΛΑΤΖΗΣ ΝΙΚΟΛΑΟΣ	ΕΛΛΑΣ	
6	ΤΣΑΧΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ	ΕΛΛΑΣ	
7	ΒΑΣΙΟΣ ΓΕΩΡΓΙΟΣ	ΕΛΛΑΣ	
8	ΞΑΝΘΟΠΟΥΛΟΣ ΑΘΑΝΑΣΙΟΣ	ΕΛΛΑΣ	
9	XATZH ΣTAMATIA	ΕΛΛΑΣ	

## 15th crossing of Toroneos (1985)

## 16th crossing of Toroneos (1986)

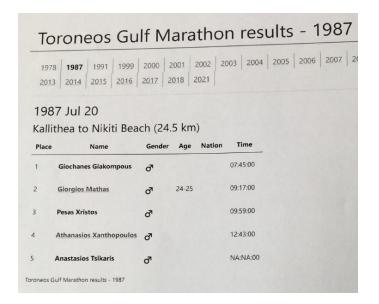




# $16^{95}$ КОЛУМВНТІКОΣ ДІАПЛОУΣ ТОР $\Omega$ NAIOY КОЛПОУ SWIMMING ACROSS THE GULF OF TORONEOS -26 km-

	TEAIKH	KATATAEH	
A/A	ONOMA	EONIKOTHTA	XPONOX
1	ΜΟΣΧΙΔΗΣ ΑΘΑΝΑΣΙΟΣ	ΕΛΛΑΣ	10.00
2	ΦΕΣΣΑΣ ΧΡΗΣΤΟΣ	ΕΛΛΑΣ	10.30
3	ΞΑΝΘΟΠΟΥΛΟΣ ΑΘΑΝΑΣΙΟΣ	ΕΛΛΑΣ	14.00'
	ЕГКАТ	ΕΛΕΙΨΑΝ	

## 17th crossing of Toroneos (1987)







### 18° ΚΟΛΥΜΒΗΤΙΚΌΣ ΔΙΑΠΛΟΎΣ ΤΟΡΩΝΑΙΟΎ ΚΟΛΠΟΎ SWIMMING ACROSS THE GULF OF TORONEOS -26 km-

TENIKH KATATAEH				
AVA	ONOMA	EONIKOTHTA	ΧΡΟΝΟΣ	
	TZAKOYE ONTEMAEPE	ΟΛΛΑΝΔΙΑ	9.00'	
	ΣΤΕΡΓΙΟΥΔΑΣ ΑΣΤΕΡΑΣ	ΕΛΛΑΣ	11.00'	
	ΦΕΣΣΑΣ ΧΡΗΣΤΟΣ	ΕΛΛΑΣ	12.00'	
	ΔΕΛΗΜΠΑΣΗ ΜΑΡΙΑ	ΕΛΛΑΣ	12.15'	
	ΞΑΝΘΟΠΟΥΛΟΣ ΑΘΑΝΑΣΙΟΣ	ΕΛΛΑΣ	12.30'	
	ΚΑΤΙΡΤΖΗΣ ΔΗΜΗΤΡΙΟΣ	ΕΛΛΑΣ	13.00'	
		ΓΕΛΕΙΨΑΝ		
1	ΜΑΘΑΣ ΓΕΩΡΓΙΟΣ	ΕΛΛΑΣ		
	ΚΑΛΟΠΟΥΛΟΣ ΔΗΜΗΤΡΙΟΣ	ΕΛΛΑΣ		
	ΚΑΛΟΠΟΎΛΟΣ ΜΙΧΑΗΛ	ΕΛΛΑΣ		
	ΑΠΟΣΤΟΛΟΥ ΙΩΑΝΝΗΣ	ΕΛΛΑΣ		
	ΓΡΗΓΟΡΙΑΔΗΣ	ΕΛΛΑΣ		
	ΖΗΣΗ ΠΟΛΑ	ΕΛΛΑΣ/ΑΜΕΡΙΚΗ		
7	ΑΝΑΣΤΑΣΙΟΥ ΜΑΡΙΑ	ΕΛΛΑΣ		
	ΤΣΙΓΚΙΡΤΩΤΗΣ ΑΘΑΝΑΣΙΟΣ	ΕΛΛΑΣ		
	ΧΑΤΖΗΛΙΔΗΣ ΑΝΑΝΙΑΣ	ΕΛΛΑΣ		
	ΚΙΖΑΣ ΝΙΚΟΛΑΟΣ	ΕΛΛΑΣ		
	ΚΟΥΡΑΣ ΔΗΜΗΤΡΙΟΣ	ΕΛΛΑΣ		
	ΤΣΟΛΙΔΗΣ ΔΗΜΗΤΡΙΟΣ	ΕΛΛΑΣ		
	ΔΕΛΗΘΑΝΑΣΗΣ ΜΙΧΑΗΛ	ΕΛΛΑΣ		

## 19th crossing of Toroneos (1989)





# $19^{95}$ КОЛҮМВНТІКОЕ ЛІЛІЛОУЕ ТОР $\Omega$ NAIOY КОЛІГОУ SWIMMING ACROSS THE GULF OF TORONEOS -26 km-

	TEAIKH	KATATAEH	- 72
A/A	ONOMA	EONIKOTHTA	ΧΡΟΝΟΣ
1	ΠΑΡΑΣΚΕΥΟΠΟΥΛΟΥ ΕΒΙΤΑ	ΕΛΛΑΣ	8.20'
2	ΧΑΤΖΗΓΕΩΡΓΙΟΥ ΔΙΑΜΑΝΤΗΣ	ΕΛΛΑΣ	9.00'
3	ΚΡΟΜΜΥΔΑΣ ΒΑΣΙΛΕΙΟΣ	ΕΛΛΑΣ	9.07'
4	ΝΤΑΛΙΜΠΟΡ ΝΤΑΛΙΕΛ	ΤΣΕΧΟΣΛΟΒΑΚΙΑ	9.15'
5	ΜΟΣΧΙΔΗΣ ΑΘΑΝΑΣΙΟΣ	ΕΛΛΑΣ	10.20"
6	ΣΤΑΝΙΣΑΒΛΕΒΙΤΣ ΒΛΑΔΙΜΙΡ	ΓΙΟΥΓΚΟΣΛΑΒΙΑ	11.40'
7	ΦΕΣΣΑΣ ΧΡΗΣΤΟΣ	ΕΛΛΑΣ	12.09
8	ΔΕΛΗΜΠΑΣΗ ΜΑΡΙΑ	ΕΛΛΑΣ	12.30'
9	ΚΑΤΙΡΤΖΗΣ ΔΗΜΗΤΡΙΟΣ	ΕΛΛΑΣ	12.33'
	EFKATI	ΕΛΕΙΨΑΝ	
1	ΧΑΤΖΗΓΕΩΡΓΙΟΥ ΔΙΑΜΑΝΤΗΣ	ΕΛΛΑΣ	
2	ΚΑΛΟΠΟΥΛΟΣ ΑΘΑΝΑΣΙΟΣ	ΕΛΛΑΣ	
3	ΔΙΒΙΝΗΣ ΘΡΑΣΥΒΟΥΛΟΣ	ΕΛΛΑΣ	
4	ΧΩΡΙΑΤΑΚΗΣ ΓΕΩΡΓΙΟΣ	ΕΛΛΑΣ	-711120 - 711
5	ΔΕΛΗΘΑΝΑΣΗΣ ΜΙΧΑΗΛ	ΕΛΛΑΣ	*1
6	ΚΟΥΣΠΑΒΙΣ ΝΤΑΝΙΕΛ	ΓΕΡΜΑΝΙΑ	
7	ΚΑΡΠΟΥΖΗ ΧΡΥΣΟΥΛΑ	ΕΛΛΑΣ	
8	ΝΤΑΜΠΟΣ ΙΩΑΝΝΗΣ	ΕΛΛΑΣ	0000
9	ΓΡΗΓΟΡΙΑΔΟΥ ΑΝΝΑ	ΕΛΛΑΣ	
10	ΜΑΘΑΣ ΓΕΩΡΓΙΟΣ	ΕΛΛΑΣ	
11	ΧΑΤΖΗΧΑΡΑΛΑΜΠΟΥΣ ΘΕΛΚΑ	ΕΛΛΑΣ	
12	ΞΑΝΘΟΠΟΥΛΟΣ ΑΘΑΝΑΣΙΟΣ	ΕΛΛΑΣ	

## 20th crossing of Toroneos (1990)

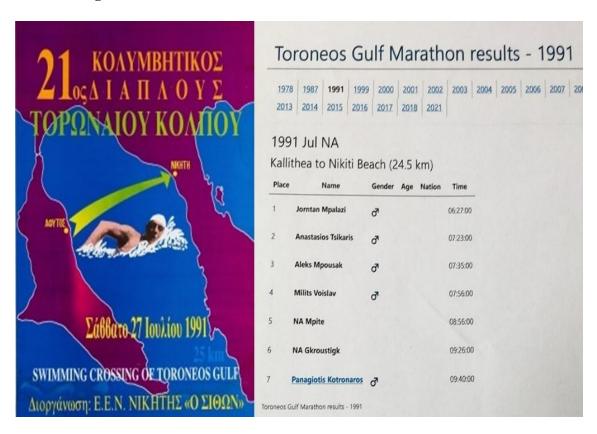




### 20° ΚΟΛΥΜΒΗΤΙΚΌΣ ΔΙΑΠΛΟΎΣ ΤΟΡΏΝΑΙΟΥ ΚΟΛΠΟΎ SWIMMING ACROSS THE GULF OF TORONEOS -26 km-

	TEAIKH	KATATAEH	
A/A	ONOMA	EONIKOTHTA	ΧΡΟΝΟΣ
1	BAAATZH ZOATAN	OYFTAPIA	6.23
	ΜΙΛΟΤΣ ΚΑΤΑΡΙΝΑ	ΓΙΟΥΓΚΟΣΛΑΒΙΑ	7.35'
3	ΑΙ ΣΙΜΟΝ	AFFAIA	8.09"
4	TZAKOYO ONTEMAEPE	ΟΛΛΑΝΔΙΑ	8.22'
	ΣΤΑΝΙΣΑΒΛΕΒΙΤΣ ΒΛΑΔΙΜΙΡ	ΓΙΟΥΓΚΟΣΛΑΒΙΑ	10.15
	ΦΕΣΣΑΣ ΧΡΗΣΤΟΣ	ΕΛΛΑΣ	11.02
	ΜΑΡΚΟΥ ΒΑΣΙΛΕΙΟΣ	ΕΛΛΑΣ	11,18'
	ΖΜΙΤ ΒΙΕΣΤΑΝ	ΠΟΛΩΝΙΑ	11.32'
	ΤΣΙΓΚΕΡΔΙΩΤΗΣ ΑΘΑΝΑΣΙΟΣ	ΕΛΛΑΣ	11.32
	ΓΡΗΓΟΡΙΑΔΟΥ ΑΝΝΑ	ΕΛΛΑΣ	12.16
11	ΔΕΛΗΘΑΝΑΣΗΣ ΜΙΧΑΗΛ	ΕΛΛΑΣ	12.48
12	ΜΑΘΑΣ ΓΕΩΡΓΙΟΣ	ΕΛΛΑΣ	12.53
13	ZВЕТПАЛН ГКАВОР	OYITAPIA	14.05
	EFKAT	ΈΛΕΙΨΑΝ	
1	ZMIT NABEP	ΠΟΛΩΝΙΑ	11-00
2	ΠΙΤΟΥΛΙΑ ΡΑΝΤΟ	POYMANIA	
3	ΦΑΒΑΣ ΓΕΩΡΓΙΟΣ	ΕΛΛΑΣ	
4	ΚΑΛΟΠΟΥΛΟΣ ΔΗΜΗΤΡΙΟΣ	ΕΛΛΑΣ	11124
	ΓΕΩΡΓΙΑΔΗΣ ΑΛΚΙΝΟΣ	ΕΛΛΑΣ	The state of the s
6	ΚΕΛΝΙΚΟΛΑΣ ΙΩΑΝΝΗΣ	ΕΛΛΑΣ	
7	ΠΑΠΑΡΝΑΚΗΣ ΑΘΑΝΑΣΙΟΣ	ΕΛΛΑΣ	
	ΠΑΠΑΔΑΚΗΣ ΧΡΗΣΤΟΣ	ΕΛΛΑΣ	
	ΓΕΩΡΓΟΠΟΥΛΟΣ ΣΤΑΥΡΟΣ	ΕΛΛΑΣ	

## 21st crossing of Toroneos (1991)



## 22nd crossing of Toroneos (1992)





# $22^{56}$ КОЛУМВНТІКОΣ ДІЛІЛОУЕ ТОРОЛАІОУ КОЛІГОУ SWIMMING ACROSS THE GULF OF TORONEOS -26 km-

neces	TEAIKH	KATATAEH	
AVA	ONOMA	EGNIKOTHTA	XPONOX
1	ΠΑΠΑΡΝΑΚΗΣ ΑΘΑΝΑΣΙΟΣ	ΕΛΛΑΣ	5.29
2	ΚΕΛΝΙΚΟΛΑΣ ΙΩΑΝΝΗΣ	ΕΛΛΑΣ	5.40'
3	ΠΑΛ ΓΚΕΟΡΓΚΙ	Sale Constant Constant	5.54
-4	ΤΣΙΑΛΑΣ ΠΕΤΡΟΣ	ΕΛΛΑΣ	5.59
- 5	MANIOKI ATTIAA	OYFTAPIA	6.19
6	ΤΣΙΝΓΚΙ ΜΠΟΓΙΑΝ	ΣΕΡΒΙΑ	6.30"
7	ΣΒΕΣΝΤΑΝ ΓΚΡΟΕΝΤΙΣ	OYTTAPIA	6.36
- 8	ΣΤΑΝΙΣΛΕΒΙΤΣ ΒΛΑΝΤΙΜΙΡ	ΓΙΟΥΓΚΟΣΛΑΒΟΣ	7,30
9	PINT MAJKEA	AFFAIA	7.33
10	ΚΟΥΛΟΥΒΑΡΗΣ ΠΑΝΑΓΙΩΤΗΣ	ΕΛΛΑΣ	7.53
11	ΚΛΑΔΗΣ ΜΙΧΑΗΛ	ΕΛΛΑΣ	B.07°
12	ΠΟΝΤΙΔΑΣ ΠΑΝΑΠΩΤΗΣ	ΕΛΛΑΣ	8.16
13	ΠΡΙΤΖΙΟΣ ΒΑΣΙΛΗΣ	ΕΛΛΑΣ	B.26'
14	ΚΟΤΡΟΝΑΡΟΣ ΠΑΝΑΓΙΩΤΗΣ	ΕΛΛΑΣ	8.30'
	ETABOLIANNOLOVACY IOANNA	ΕΛΛΑΣ	9.13
16	ΚΟΡΑΣΙΔΗΣ ΣΤΑΥΡΟΣ	ΕΛΛΑΣ	9.34
17	ΧΡΑΝΙΩΤΗΣ ΘΕΟΔΩΡΟΣ	ΕΛΛΑΣ	9.38
	ΜΑΘΑΣ ΓΕΩΡΓΙΟΣ	ΕΛΛΑΣ	9.53
19	ΔΕΛΗΘΑΝΑΣΗΣ ΜΙΧΑΗΛ	ΕΛΛΑΣ	10.00
20	ΜΑΝΟΣ ΒΑΓΓΕΛΗΣ	ΕΛΛΑΣ	10.19
21	ΠΑΤΕΡΑΚΗΣ ΝΙΚΟΣ	ΕΛΛΑΣ	10.44
22	ΧΑΤΖΗΜΠΕΗΣ ΙΩΑΝΝΗΣ	ΕΛΛΑΣ	11.46
	EFKAT	ΕΛΕΙΨΑΝ	
1	ΝΙΚΙΤΑΣ ΣΤΡΑΤΟΣ	ΕΛΛΑΣ	
2	ΞΑΝΘΟΠΟΥΛΟΣ ΑΘΑΝΑΣΙΟΣ	ΕΛΛΑΣ	

## 23rd crossing of Toroneos (1993)





# 23° ΚΟΛΥΜΒΗΤΙΚΌΣ ΔΙΑΠΛΟΎΣ ΤΟΡΩΝΑΙΟΎ ΚΟΛΠΟΎ SWIMMING ACROSS THE GULF OF TORONEOS -26 km-

	TEAIKH K	ATATAEH	
A/A	ONOMA	EONIKOTHTA	XPONO
1	ΜΠΟΓΙΑΝ ΤΣΙΝΓΚΙ	ΣΕΡΒΙΑ	5.38'
	ΠΑΠΑΡΝΑΚΗΣ ΑΘΑΝΑΣΙΟΣ	ΕΛΛΑΣ	7.00'
	ПАПАРNAKH KATEPINA	ΕΛΛΑΣ	7.00'
	ΚΑΛΕΜΚΕΡΙΔΗΣ ΙΩΑΝΝΗΣ	ΕΛΛΑΣ	7.00'
	PINT MAIKEA	ΑΓΓΛΙΑ	7.08
	ΧΡΙΣΤΟΔΟΥΛΟΥ ΣΤΕΛΙΟΣ	ΕΛΛΑΣ	7.11'
	ΚΟΥΛΟΥΒΑΡΗΣ ΠΑΝΑΓΙΩΤΗΣ	ΕΛΛΑΣ	7.31
	ΚΟΤΡΟΝΑΡΟΣ ΠΑΝΑΓΙΩΤΗΣ	ΕΛΛΑΣ	7.34'
	ΔΕΛΗΘΑΝΑΣΗΣ ΜΙΧΑΗΛ	ΕΛΛΑΣ	8.37
	ΜΑΘΑΣ ΓΕΩΡΓΙΟΣ	ΕΛΛΑΣ	8.37'
11	ΣΤΑΘΟΠΑΝΝΟΠΟΥΛΟΥ ΙΩΑΝΝΑ	ΕΛΛΑΣ	8.54'
12	ΧΡΑΝΙΩΤΗΣ ΘΕΩΔΟΡΟΣ	ΕΛΛΑΣ	8.54
	ΚΟΥΚΟΥΤΣΟΥ ΜΑΡΙΑ	ΕΛΛΑΣ	9.06'
	ΝΤΑΛΑΣ ΔΗΜΗΤΡΙΟΣ	ΕΛΛΑΣ	9.09'
15	ΞΑΝΘΟΠΟΥΛΟΣ ΑΘΑΝΑΣΙΟΣ	ΕΛΛΑΣ	9.50'
	ΣΤΕΦΑΝΑΤΟΣ ΓΕΩΡΓΙΟΣ	ΕΛΛΑΣ	9.56'
	ΧΑΤΖΗΜΠΕΗΣ ΙΩΑΝΝΗΣ	ΕΛΛΑΣ	10.50'



## 24th crossing of Toroneos (1994)



### 25th crossing of Toroneos (1995)



## 26th crossing of Toroneos (1996)



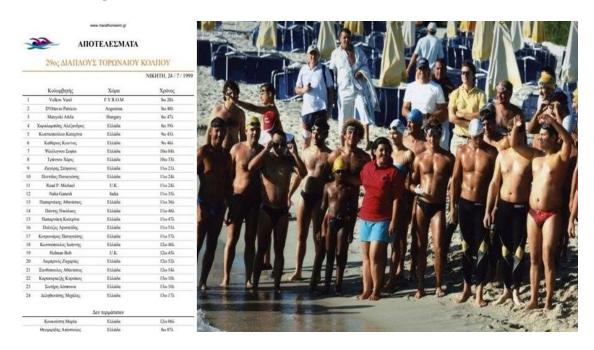
## 27th crossing of Toroneos (1997)



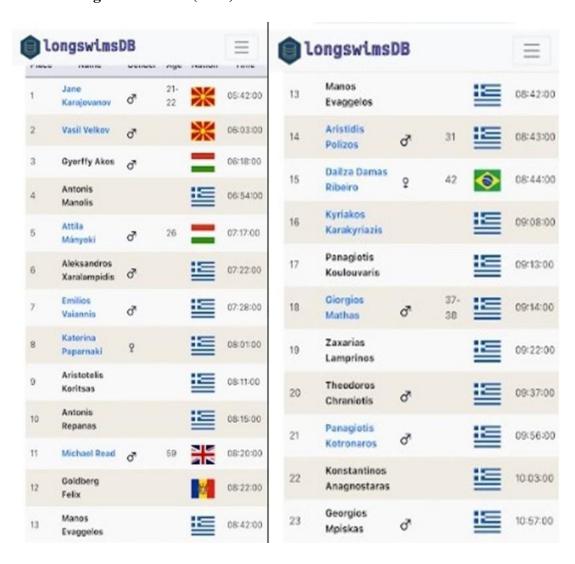
## 28th crossing of Toroneos (1998)



## 29th crossing of Toroneos (1999)



## 30th crossing of Toroneos (2000)



## 31st crossing of Toroneos (2001)



## 32nd crossing of Toroneos (2002)

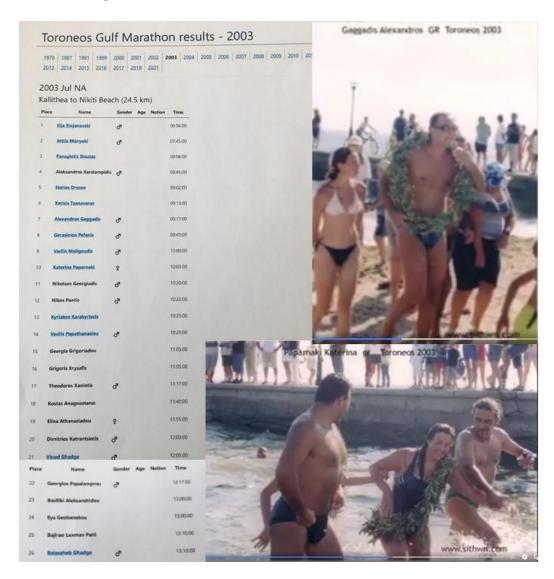


32<sup>NC</sup> ΚΟΛΥΜΒΗΤΙΚΟΣ ΔΙΑΠΛΟΥΣ ΤΟΡΩΝΑΙΟΥ ΚΟΛΙΙΟΥ SWIMMING ACROSS THE GULF OF TORONEOS -26 km-

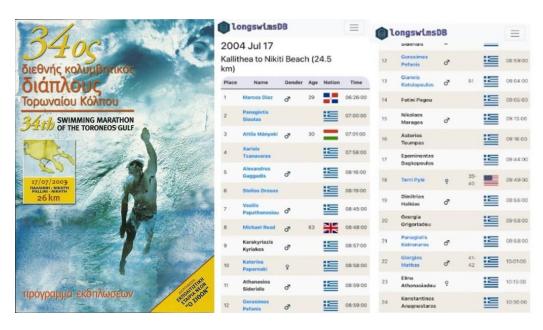
TEAIKH KATATAEH			
	ONOMA	EONIKOTHTA	XPONOX
	Νίκος Παρασκευόπουλος	Θεσσαλονίκη	6.56°
2	Attila Manyoki	Ouyyapia	7.07
3	Stan Vella	H.N.A	7.18
	Αλέξανδρος Χαραλαμπίδης	Θεοσαλονίκη	7.30
- 5	Λάκης Παρασκευόπουλος	Θεσσαλονίκη	7.56
6	Γιάννης Νάτσιος	Σέρρες	8.02
7	Θανάσης Παπαρνάκης	Θεσσαλονίκη	8.06
8	Bula Chowodhury	Ινδία	8.11
9	Θανάσης Φασουλάς	Λάρισα	8.17"
10	Κάραλος Μονόρι	Θεσσαλονίκη	8.21
11	Αρης Πολύζος	Θεσσαλονίκη	8.261
12	Κυριάκος Καρακυριαζής	Νικήτη	8.36
13	Michael Read	М. Вретачіа	8.40
14	Κατερίνα Πατταρνάκη	Θεσσαλονίκη	8.43
15	Κώστας Καθάριος	Αθήνα	8.47"
16	Αποστόλης Λαλιάς	Αθήνα	8.57
17	Kate Mason	М. Вретачіа	9.18"
18	Πολυχρόνης Βασιλείου	Θεσσαλονίκη	9.41
19	Ζαχαρίας Λαμπρινός	Θεσσαλονίκη	10.17
20	Κωστής Αναγνωστάρας	Νικήτη	10.18"
218	Βαγγέλης Μάνος	Αθήνα	10.40"
22	Balasaheb Ramchandra Chadge	Ivőia	10.43
23	Snehal Satish Kadam	Ivőia	10.46
245	Satish Krishna Kadam	Ivőía	10.46
25/	Γρηγόρης Χρυσάφης	Νικήτη	10.53
26 0	Θανάσης Ξανθάπουλος	Νικήτη	11.02"
27 1	Ίαπαδόπουλος Ηλίας	Σέρρες	12.02"
28			
	EFKATE	ΛΕΙΨΑΝ	
16	θανάσης Θεοδωράκης	Νικήτη	3.32"
2	εωργία Γρηγοριάδου	Θεσσαλονίκη	5.31
3			



## 33rd crossing of Toroneos (2003)



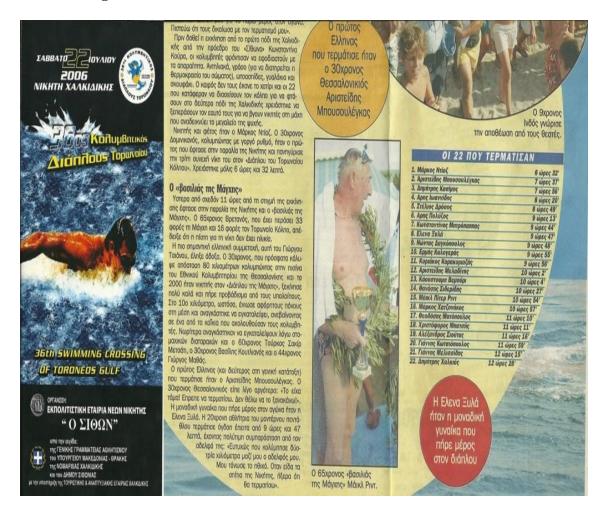
## 34th crossing of Toroneos (2004)



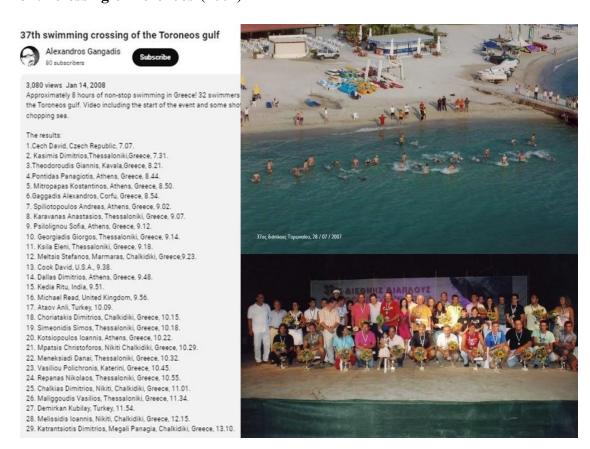
#### 35th crossing of Toroneos (2005)



# 36th crossing of Toroneos (2006)



# 37th crossing of Toroneos (2007)



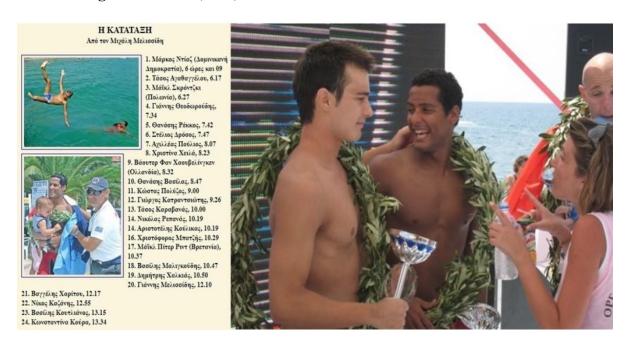
# 38th crossing of Toroneos (2008)



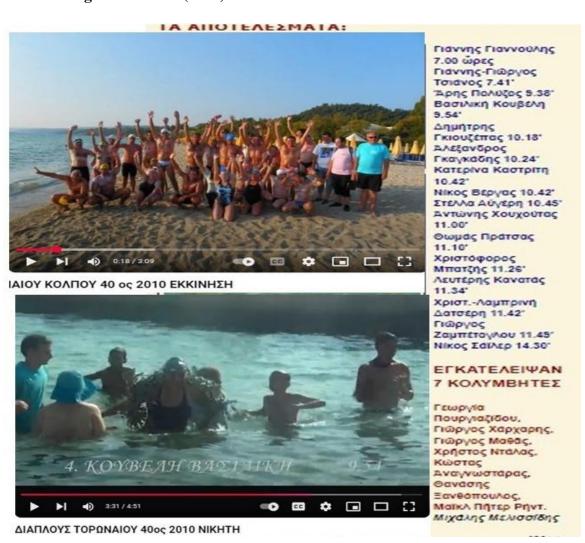
#### ΝΙΚΗΤΕΣ ΤΟΥ 3800 ΔΙΑΠΛΟΥ ΤΟΡΩΝΑΙΟΥ ΚΟΛΠΟΥ

1) Γιώργος Γιάννης Τσιάνος	6.24	TPIKAAA
2) Ντέιβιντ Τσεχ	6.39	
3) Κώστας Δοβανάς	6.48	ΘΕΣΣΑΛΟΝΙΚΗ
4) Στέλιος Δρόσος	6.58	ΘΕΣΣΑΛΟΝΙΚΗ
5) Αττίλα Μανιόκι (Ουγγαρία)	7.08	ОУГГАРІА
δ) Βασιλική Κουβέλη	7.34	AOHNA
7)Δημήτρης Αρχάκης	7.48	ΘΕΣΣΑΛΟΝΙΚΗ
β) Γιούκο Ματζουζάκι (Ιαπωνία)	7.53	ΙΑΙΙΩΝΙΑ
θ) Παναγιώτης Αρβανιτάκης	7.57	ΘΕΣΣΑΛΟΝΙΚΗ
10) Ρέκκος Θανάσης	8.09	AΘHNA
[1] Αλέξανδρος Στρατάκης	8.14	ΘΕΣΣΑΛΟΝΙΚΗ
(2) Στέφανος Μέλτσης	8.21	ΘΕΣΣΑΛΟΝΙΚΗ
(3) Στέλιος Μπινόπουλος	8.38	ΘΕΣΣΑΛΟΝΙΚΗ
14) Τάσος Αγαθαγγέλου	8.39	ΘΕΣΣΑΛΟΝΙΚΗ
(5) Ρομπέρτο Μάργαριτ	8.54	ΑΡΓΕΝΤΙΝΗ
(6) Σουρβάνου Ελίνα	9.05	ΘΕΣΣΑΛΟΝΙΚΗ
(7) Θεοχάρης Σαρίκας	9.18	ΘΕΣΣΑΛΟΝΙΚΗ
(8) Γιώργος Μαθάς	9.22	ΘΕΣΣΑΛΟΝΙΚΗ
9) Αντώνης Χουχούτας	9.30	ΝΙΚΗΤΗ ΧΑΛΚΙΔΙΚΗΣ
(0) Δανάη Μενεξιάδη	9.58	ΘΕΣΣΑΛΟΝΙΚΗ
(1) Μάικλ Πήτερ Ρηντ (Αγγλία)	9.59	M.BPETANIA
2) Γιάννης Κωτσιόπουλος	10.37	AOHNA
3) Χριστόφορος Μπατζής	10.37	ΝΙΚΗΤΗ ΧΑΛΚΙΔΙΚΗΣ
4) Δανάη Θεολόγη	11.37	ΘΕΣΣΑΛΟΝΙΚΗ
5) Σουβερμετζόγλου Γιάννης	12.38	AOHNA
6) Βασίλης Κουτλιάνος	15.11	ΝΙΚΗΤΗ ΧΑΛΚΙΔΙΚΗΣ
7) Θανάσης Ξανθόπουλος	15.49'.	ΝΙΚΗΤΗ ΧΑΛΚΙΔΙΚΗΣ

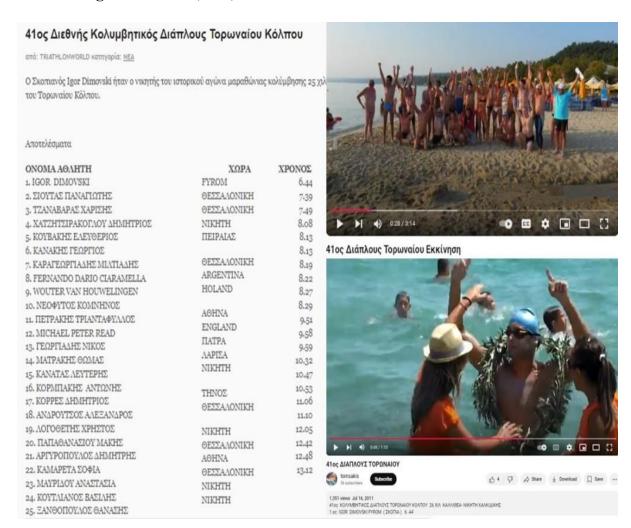
# 39th crossing of Toroneos (2009)



# 40th crossing of Toroneos (2010)



#### 41st crossing of Toroneos (2011)



#### 42nd crossing of Toroneos (2012)



# 43rd crossing of Toroneos (2013)

#### ΑΠΟΤΕΛΕΣΜΑΤΑ

- 1. Σαχπραζίδης Αναστάσιος Θεσ/νικη 5 ώρες 25'
- 2. Κοθωνίδης Ιωάννης Καβάλα 5.27
- 3. Ιωαννίδης Αλέξανδρος Θεσ/νίκη 7.00'
- 4. Μέλτσης Στέφανος Ν .Μαρμαράς 7.13'
- 5. Καραγεωργιάδης Μιλτιάδης Θες/νικη 7.17'
- 6. Αυγερινός Αναστάσιος Αθήνα 7.30'
- 7. Sale Savuel Ουγγαρία 7.44'
- 8. Γαλάτος Άρης Λάρισα 7.58'
- 9. Στογιαννίδου Κλεοπάτρα Θεσ/νίκη 8.00'
- 10. Βαφειάδης Παναγιώτης- Ραφαήλ 8.30'
- 11. Παπαργυρίου Χρυσάνθη 9.05'
- 12. Micael Peter Read -Ηνωμένο Βασίλειο 9.07
- 13. Φραγκάκη Κλειώ Θεσ/νίκη 9.10'
- 14. Αργυρόπουλος Δημήτρης Θεσ/νικη 9.13
- 15. Ηλιάδης Χρήστος Αθήνα 9.15'
- 16. Πολύζος Αλέξανδρος Θεσ/νίκη 9.17'
- 17. Hugo Rafael -Αργεντινή 9.38'
- 18. Porters Rik Βελγιο 9.48'
- 19. Edit Boszormenyi Ουγγαρία (γυναίκα) 10.19'
- 20. Κυριακού Σταύρος Ν. Μαρμαράς Χαλκιδικής 10.55'
- 21. Ξανθόπουλος Αθανάσιος Νικήτη Χαλ/κής 11.15'
- 22. Κουτλιάνος Βασίλης Νικήτη Χαλκιδικής 12.12'



# 44th crossing of Toroneos (2014)

#### ΑΠΟΤΕΛΕΣΜΑΤΑ

Σαχπαζιδης Αναστάσιος Ηρακλής Θεσσαλονίκη 6.05 Μπαντουβάνης Πάνος 7.25

> Attila Manyoki Hungary 7.50 Βαϊάννης Αιμίλιος 8.40

Σιδερίδης Αθανάσιος 8.50

Τοπάλης Κώστας 9.00

Ψιλόλιγνου Σοφία 9.02

Γκιουζέπας Δημήτριος 9.07

Boucher James Nort. Ireland 9.12

Micael Peter Read United Kingdom 10.30

Χουχούτας Αντώνιος 10.32

Διδασκάλου Ηλίας 10.40

Σαμαράς Αλέξανδρος 10.57

Στάντζος Ευστράτιος 10.58

Παπαργυρίου Ηρακλής 11.05

Verhas Istvan Hungary 11.32

Mugowan Ellery Australia 11.56

Ιωαννίδης Παναγιώτης 12.16

Διαβάτη Βίνιαν 12.22

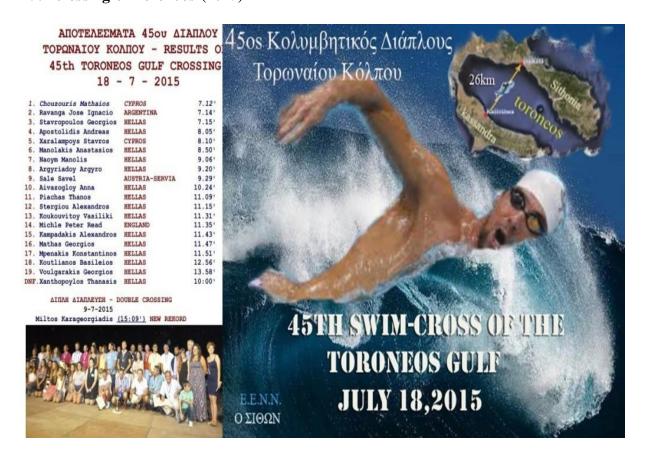
Κουτλιάνος Βασίλης 14.00

# 44ος ΚΟΛΥΜΒΗΤΙΚΟΣ ΔΙΑΠΛΟΥΣ ΤΟΡΩΝΑΙΟΥ Αρχική - Δελτία Τύπου - 44ος ΚΟΛΥΜΒΗΤΙΚΟΣ ΔΙΑΠΛΟΎΣ ΤΟΡΩΝΑΙΟΎ ΚΟΛΠΟΥ



44οs Διάπλους Τορωναίου Micael Peter Read United Kingdom

#### 45th crossing of Toroneos (2015)



#### 46th crossing of Toroneos (2016)

ΑΠΟΤΕΛΕΣΜΑΤΑ 46ου ΔΙΑΠΛΟΥ ΤΟΡΩΝΑΙΟΥ ΚΟΛΠΟΥ RESULTS OF 46th TORONEOS GULF CROSSING

- 1. Agathaggelou Anastasios (Hellas) 6:00:52
- 2. Ponce Daniel Jiemenz (Spain) 6:05:48
- 3. Larrosa Jose Luis (Spain) 6:19:26
- 4. Koustas Trifon(Hellas) 7:18:30
- 5. Vambakidis Ioannis (Hellas) 7:39:29
- 6. Dabidopoulos Leonidas (Hellas) 7:48:48
- 7. Gaggadis Alexandros (Hellas) 7:49:53
- 8. Psilolignou Sofia (Hellas) 8:47:10
- 9. Rois SpIros (Hellas) 8:58:02
- 10. Veenendaal Elke (Nederland) 9:21:43
- 11. Read Michael Peter (England) 9:38:00
- 12. Kifonidis Ioannis (Hellas) 9:48:05
- 13. Ioannidoy Despoina (Hellas) 9:59:18
- 14. Kountouri Stella (Hellas) 10:15:21
- 16. Soustas Aggelos (Hellas) 10:43:34
- 17. Koutlianos Vasileios (Hellas) 12:54:00

Xanthopoulos Athanasios (Hellas)

Morikis Vasileios (Hellas)

Parthenis Petros (Hellas)

ΔΙΠΛΗ ΔΙΑΠΛΕΥΣΗ - DOUBLE CROSSING Stavropoulos Giorgos (Hellas) 13:22



# 47th crossing of Toroneos (2017)



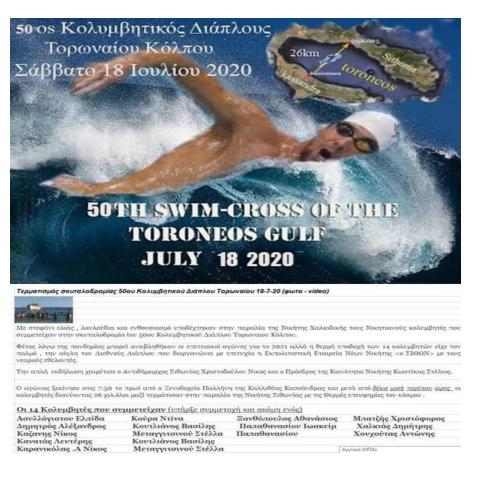
# 48th crossing of Toroneos (2018)



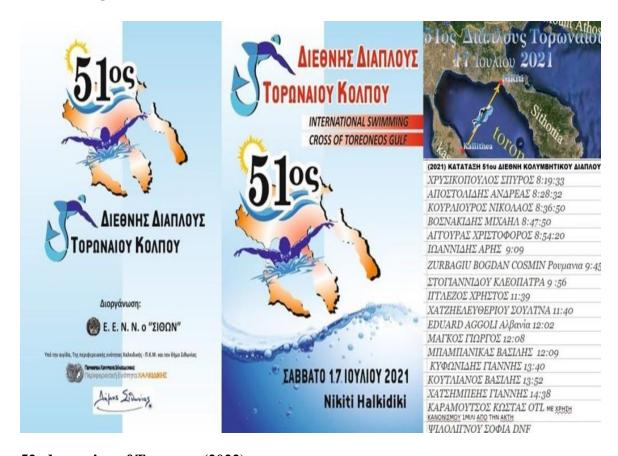
# 49th crossing of Toroneos (2019)



# 50th crossing of Toroneos (2020)



# 51st crossing of Toroneos (2021)



# **52nd crossing of Toroneos (2022)**



#### 53rd crossing of Toroneos (2023)



#### 54th crossing of Toroneos (2024)



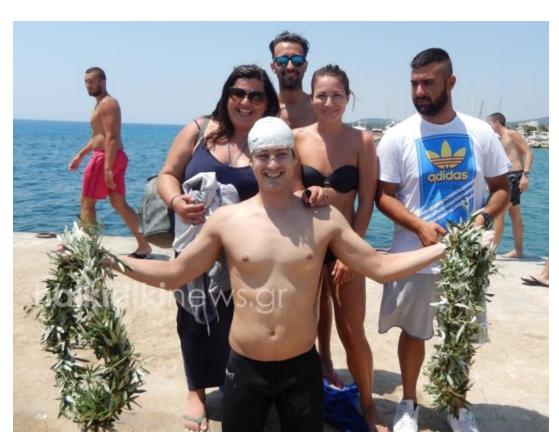
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# 14. The finishers of Toroneos 1971-2024. (in alphabetical order)

p. 48-99

A.	8	С	D	E	F	G	н	- 1	J	К	L	М	N	0	p
LAST NAME	FIRST NAME	Country	Sex	Wetsuit/No- wetsuit	Age at swim	Year of birth	Time	(4X)=98Km Quadruple crossin +	Km Triple	Km Double	Total number of single crossings	2025	2024	2023	2022
ΑΒΡΑΜΙΔΗΣ	ΑΝΤΩΝΗΣ	GRE	M	No-wetsuit			8:55				1	1 1 1 7			
ΑΓΑΘΑΓΓΕΛΟΥ	ΑΝΑΣΤΑΣΙΟΣ (Χ2)	GRE	M	No-wetsuit	31	1986	13:31:00			2017 (2X)-					
ΑΓΤΟΥΡΑΣ	ΧΡΙΣΤΟΦΟΡΟΣ	GRE	M	No-wetsuit			8:54:20			0.000	1				
ΑΘΑΝΑΣΙΑΔΟΥ	EAINA	GRE	F	No-wetsuit			10:15				2				
ΑΘΑΝΑΣΟΥΛΑΚΗΣ	ΑΝΑΣΤΑΣΙΟΣ	GRE	M	No-wetsuit	21	2003	5:50:45				1		2024 1ος	από 15 Καί	λλιθέα-Νική
ΑΪΒΑΖΟΓΛΟΥ	ANNA	GRE	W	No-wetsuit			10:24				1				
ΑΛΑΤΖΑΣ	ΚΩΝΣΤΑΝΤΙΝΟΣ	GRE	M	No-wetsuit			10:38:00				1				
ΑΛΕΞΑΝΔΡΙΔΟΥ	ΒΑΣΙΛΙΚΗ	GRE	F	No-wetsuit			13:00				1				
ΑΜΑΖΛΙΔΗΣ-ΣΑΛΟΥΣΤΟ	ΓΡΗΓΟΡΗΣ	GRE	M	No-wetsuit	9	- 1	7:20				1	9 1			
ΑΝΑΓΝΩΣΤΑΡΑΣ	ΚΩΝΣΤΑΝΤΙΝΟΣ	GRE	M	No-wetsuit			10:03				4				
ΑΝΔΡΟΥΤΣΟΣ	ΑΛΕΞΑΝΔΡΟΣ	GRE	M	No-wetsuit	7		11:10				1				
ΑΠΟΣΤΟΛΙΔΗΣ	ΑΝΔΡΈΑΣ	GRE	M	No-wetsuit	Y Y		6:31:24			1	3		2024 400	από 15 Κα	αλλιθέα-Νικ
ΑΠΟΣΤΟΛΟΥ	ΓΙΑΝΝΗΣ	GRE	M	No-wetsuit			08:20:00				1				
ΑΡΒΑΝΙΤΑΚΗΣ	ΠΑΝΟΣ (Χ2)	GRE	M	No-wetsuit	30	1979	15:27			2009 (2X)-	3				
ΑΡΓΥΡΙΑΔΟΥ	ΑΡΓΥΡΩ	GRE	W	No-wetsuit	1		9:20				1				
ΑΡΓΥΡΟΠΟΥΛΟΣ	ΔΗΜΗΤΡΗΣ ΑΜΕΑ	GRE	M	No-wetsuit			12:48				2				
ΑΡΧΑΚΗΣ	ΔΗΜΗΤΡΗΣ	GRE	M	No-wetsuit	3 3	- 8	07:48:00				1	9			
АУГЕРН	ΣΤΕΛΛΑ	GRE	F	No-wetsuit			10:45:00				1				
ΑΥΓΕΡΙΝΟΣ	ΑΝΑΣΤΑΣΙΟΣ	GRE	M	No-wetsuit			7:30				1				
ΒΑΪΑΝΗΣ	ΑΙΜΙΛΙΟΣ	GRE	M	No-wetsuit			07:28:00				4				
ΒΑΜΒΑΚΙΔΗΣ	ΑΛΕΞΑΝΔΡΟΣ	GRE	М	No-wetsuit			08:05:00				1				2022 100
ΒΑΜΒΑΚΙΔΗΣ	ΙΩΑΝΝΗΣ	GRE	M	No-wetsuit			7.39.29				1				
ΒΑΣΙΛΑΣ	ΑΘΑΝΑΣΙΟΣ	GRE	M	No-wetsuit			08:47:00				1				

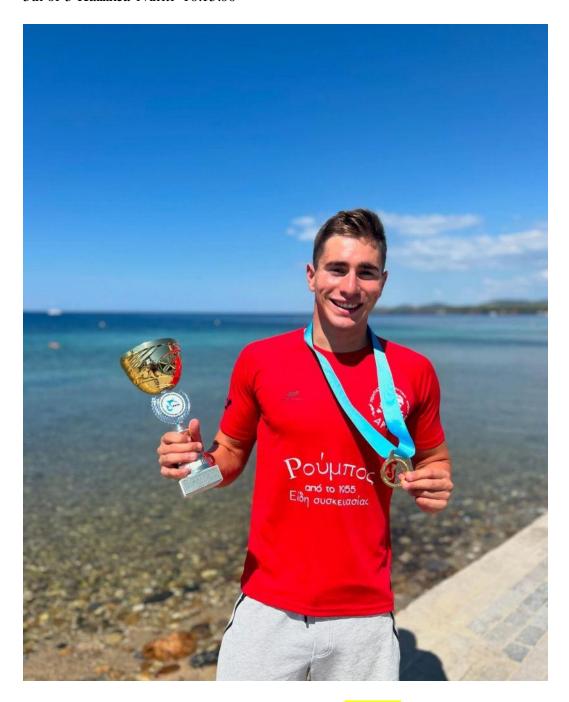
# AVRAMIDIS ANTONIS (GRE) 2012 11th of 18 Kallithea-Nikiti 8:55:00



**AGATHANGELOU ANASTASIOS** (**X2**) (**GRE**) 2009 2nd of 22 Kallithea-Nikiti 6:17:00 , **2016 1st** of 12 Kallithea-Nikiti 6.00.52 , 2017 (**2X**)=2X24,5=49 Km 13:31:00

**ANGOURAS CHRISTOFOROS** (GRE) 2021 5th of 15 Kallithea-Nikiti 24.5 Km 8:54:20

**ATHANASIADOU ELINA (GRE)** 2003 3rd of 5 Kallithea-Nikiti 11:55:00, 2004 5th of 5 Kallithea-Nikiti 10:15:00



**ATHANASSOULAKIS ANASTASIOS (GRE)** 2024 1st of 15 Kallithea-Nikiti 24,5 Km 5:50:45

AIVAZOGLOU ANNA (GRE) 2015 2nd of 3 Kallithea-Nikiti 10:24:00

**ALATZAS KONSTANTINOS (GRE)** 1994 11th of 14 Afitos-Nikiti 24 Km 10:38:00

ALEXANDRIDOU VASSILIKI (GRE) 2003 4th of 5 Kallithea-Nikiti 13:00:00

**AMAZLIDIS-SALOUSTO GRIGORIS (GRE)** 2012 3rd of 18 Kallithea-Nikiti 7:20:00

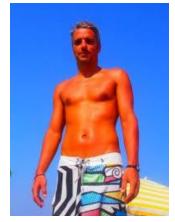
ANAGNOSTARAS KONSTANTINOS (GRE) 2000 20th of 22 Kallithea-Nikiti 10:03:00 , 2002 17th of 23 Kallithea-Nikiti 10:18:00 , 2003 16th of 23 Kallithea-Nikiti 11:40:00 , 2004 19th of 19 Kallithea-Nikiti 10:30:00

ANAGNOSTARAS MICHAEL (GRE) 1972 8th of 8 Metamorfosi-Kallithea 24 km

ANDROUTSOS ALEXANDROS (GRE) 2011 18th of 21 Kallithea-Nikiti 11:10:00

**APOSTOLIDIS ANDREAS (GRE)** 2015 4th of 16 Kallithea-Nikiti 8:05:00 , 2021 2nd of 12 Kallithea-Nikiti 24,5 Km 8:28:32 , 2024 4th of 15 Kallithea-Nikiti 24,5 Km 6:31:24

APOSTOLOU GIANNIS (GRE) 2001 3rd of 18 Kallithea-Nikiti 8:20:00



**ARVANITAKIS PANOS** (X2) (GRE) 2008 7th of 22 Kallithea-Nikiti 7:57:00, 2009 (2X)=2X24,5=49 km 15:27:00

ARGYRIADOU ARGIRO (GRE) 2015 1st of 3 Kallithea-Nikiti 9:20:00



**ARGYROPOULOS DIMITRIS DISABLED** (**GRE**) 2011 21st of 21 Kallithea-Nikiti 12:48:00 , 2013 11th of 19 Kallithea-Nikiti 9:13:00

**ARCHAKIS DIMITRIS (GRE)** 2008 6th of 22 Kallithea-Nikiti 7:48:00

AVGERI STELLA (GRE) 2010 3rd of 4 Kallithea-Nikiti 10:45:00

AVGERINOS ANASTASIOS (GRE) 2013 6th of 19 Kallithea-Nikiti 7:30:00

VAGIOULIS IOANNIS (GRE) 1981 3rd of 8 Kallithea-Nikiti 24,5 km 8:21:00

**VAIANIS EMILIOS (GRE)** 1994 10th of 14 Afitos-Nikiti 24 Km 10:29:00, 1998 6th of 14 Kallithea-Nikiti 8:13:00, 2000 7th of 22 Kallithea-Nikiti 7:28:00, 2014 4th of 18 Kallithea-Nikiti 8:40:00



**VAMVAKIDIS ALEXANDROS (GRE)** 2022 1st of 12 Kallithea-Nikiti 24,5 Km 8:05:00

VAMVAKIDIS IOANNIS (GRE) 2016 5th of 12 Kallithea-Nikiti 7.39.29

VASILAS ATHANASIOS (GRE) 2009 9th of 22 Kallithea-Nikiti 8:47:00

**VASILIOU POLYCHRONIS** (GRE) R.I.P. 2002 15th of 23 Kallithea-Nikiti 9:41:00, 2007 18th of 24 Kallithea-Nikiti 10:45:00

VASILIOU (GRE) 1983 10th of 10 Kallithea-Nikiti 24,5 km

VAFIADIS SOTIRIS (GRE) 2022 5th of 12 Kallithea-Nikiti 24,5 Km 10:38:00

VAFIADIS PANAGIOTIS (GRE) 2013 9th of 19 Kallithea-Nikiti 8:30:00

VEIZIS KONSTANTINOS (GRE) 2024 9th of 15 Kallithea-Nikiti 24,5 Km 7:21:25

VERGAS NIKOS (GRE) 2010 6th of 12 Kallithea-Nikiti 10:42:00

VOSNAKIDIS MICHAEL (GRE) 2021 4th of 15 Kallithea-Nikiti 24,5 Km 8:47:55

**VOULGARAKIS GEORGIOS** (**GRE**) 2015 16th of 16 Kallithea-Nikiti 13:58:00, 2020 Tandem. (Covid-19. No race), 2022 10th of 12 Kallithea-Nikiti 24,5 Km OTL



Dr. Georges Vrettos "My Energy"

**VRETTOS GIORGOS (GRE)** 1975 1st of 3 Kallithea-Nikiti 24,5 Km, 1976 1st of 2 Kallithea-Nikiti 24,5 Km 12:00:00, 1978 1st of 7 Kallithea-Nikiti 24,5 Km, 1981 5th of 8 Kallithea-Nikiti 24,5 Km 9:52:00, 1983 7th of 10 Kallithea-Nikiti 24,5 Km, 1995 10th of 10 Afitos-Nikiti 24 Km 13:00:00

VRONTAKIS NIKOLAOS-VASILEIOS (GRE) 2018 2nd of 17 Kallithea-Nikiti 24,5Km 6:50:00

**GAGGADIS ALEXANDROS** (**GRE**) 2003 7th of 23 Kallithea-Nikiti 9:17:00, 2004 5th of 19 Kallithea-Nikiti 8:16:00, 2005 7th of 17 Kallithea-Nikiti 9:20:00, 2007 6th of 24 Kallithea-Nikiti 8:54:00, 2010 5th of 12 Kallithea-Nikiti 10:24:00, 2016 7th of 12 Kallithea-Nikiti 7.49.53

GALATOS ARIS (GRE) 2013 8th of 19 Kallithea-Nikiti 7:58:00



GAREFIS CHRISTOS (GRE) 1977 1st of 1 Kallithea-Nikiti 24,5 km, 2022 2nd of 12 Kallithea-Nikiti 24,5 Km 9:09:00

**GEORGIADIS NIKOS** (**GRE**) 2003 10th of 23 Kallithea-Nikiti 10:20:00, 2011 13th of 21 Kallithea-Nikiti 9:59:00

GEORGIADIS GIORGOS (GRE) 2007 9th of 24 Kallithea-Nikiti 9:14:00

**GEORGOPOULOS KONSTANTINOS (GRE)** 2018 10th of 17 Kallithea-Nikiti 24,5Km 9:06:00

**GIAGMOURIDIS THEOFANIS** (**GRE**) 1994 4th of 14 Afitos-Nikiti 24 Km 9:36:00, 1998 1st of 14 Kallithea-Nikiti 7:27:00



**GIANNOULAKIS CHRYSOSTOMOS** (**GRE**) **2018 1st** of 17 Kallithea-Nikiti 24,5Km 6:18:00

GIANNOULIS GIANNIS (GRE) 2010 1st of 12 Kallithea-Nikiti 7:00:00

GIOVANEKOS PETROS (GRE) 1972 5th of 8 Metamorfosi-Kallithea 24 km

GIOVANEKOU EVA (GRE) 2003 5th of 5 Kallithea-Nikiti 13:00:00

**GIOUZEPAS DIMITRIOS (GRE)** 2005 8th of 17 Kallithea-Nikiti 9:42:00, 2010 4th of 12 Kallithea-Nikiti 10:18:00, 2014 7th of 18 Kallithea-Nikiti 9:07:00

GEKIDIS DIMITRIS (GRE) 2012 10th of 18 Kallithea-Nikiti 8:45:00

**GKOGAS** (GRE) 1983 4th of 10 Kallithea-Nikiti 24,5 km

GONIDI CHRISTINA (GRE) 2022 1st of 4 Kallithea-Nikiti 9:30:00

**GRIGORIADOU GEORGIA (GRE)** 2003 2nd of 5 Kallithea-Nikiti 11:03:00, 2004 4th of 5 Kallithea-Nikiti 9:58:00

GRIGORIADOU ANNA (GRE) 1990 2nd of 2 Afitos-Nikiti 24 Km 12:16:00

DAVIDOPOULOS LEONIDAS (GRE) 2016 6th of 12 Kallithea-Nikiti 7.48.48

**DAGOPOULOS NONTAS (GRE)** 2004 15th of 19 Kallithea-Nikiti 9:44:00, 2006 8th of 21 Kallithea-Nikiti 9:48:00

**DATSERI CHRISTINA LAMBRINI (GRE)** 2010 4th of 4 Kallithea-Nikiti 11:42:00

**DELATOLAS** (GRE) 1983 5th of 10 Kallithea-Nikiti 24,5 km

**DELITHANASIS MICHALIS (GRE)** 1990 9th of 11 Afitos-Nikiti 24 Km 12:48:00 , 1992 18th of 21 Afitos-Nikiti 24 Km 10:00:00 , 1993 8th of 14 Afitos-Nikiti 24 Km 8:37:00 , 1999 19th of 19 Kallithea-Nikiti 13:17:00

**DELIBASI MARIA (GRE)** 1988 1st of 1 Kallithea-Nikiti 24,5 Km 12:15:00, 1989 2nd of 2 Kallithea-Nikiti 24,5 Km 12:30:00

**DIMOUDIS GEORGIOS (GRE)** 2023 13th of 15 Kallithea-Nikiti 24,5 Km OTL, 2024 15th of 15 Kallithea-Nikiti 24,5 Km 11:02:28

**DIAVATI VIVIAN (GRE)** 2014 2nd of 2 Kallithea-Nikiti 12:22:00

**DIAKODIMITRIS FOTIS** (**GRE**) 2024 12th of 15 Kallithea-Nikiti 24,5 Km 7:57:56

**DIDASKALOU ILIAS (GRE)** 2014 11th of 18 Kallithea-Nikiti 10:40:00

DOVANAS KOSTAS (GRE) 2008 3rd of 22 Kallithea-Nikiti 6:48:00

**DROSOS STELIOS** (**GRE**) 2003 5th of 23 Kallithea-Nikiti 9:02:00, 2004 6th of 19 Kallithea-Nikiti 8:19:00, 2005 4th of 17 Kallithea-Nikiti 8:05:00, 2006 5th of 21 Kallithea-Nikiti 8:49:00, 2008 4th of 22 Kallithea-Nikiti 6:58:00, 2009 6th of 22 Kallithea-Nikiti 7:47:00



**ERMEIDIS IOANNIS (GRE)** 1984 1st of 3 Kallithea-Nikiti 24,5 km 8:10:00 **EVGENIADIS KONSTANTINOS (GRE)** 2022 8th of 12 Kallithea-Nikiti 24,5 Km 12:45:00

**ZAMBETOGLOU GEORGIOS** (GRE) 2010 11th of 12 Kallithea-Nikiti 11:49:00, 2023 9th of 15 Kallithea-Nikiti 24,5 Km 11:53:05

**ZAMBETOGLOU KONSTANTINOS (GRE)** 2012 15th of 18 Kallithea-Nikiti 10:10:00 , 2017 3rd of 11 Kallithea-Nikiti 24,5 Km 10:33:00, 2022 3rd of 12 Kallithea-Nikiti 24,5 Km 9:24:00

**ZAFEIROUDIS CHRISTOS** (GRE) 1972 6th of 8 Metamorfosi-Kallithea 24 km

**ZYGORIS STEFANOS** (**GRE**) 1997 15th of 17 Afitos-Nikiti 24 Km 9:35:00 1999 6th of 19 Kallithea-Nikiti 11:21:00

ILIADIS CHRISTOS (GRE) 2013 12th of 19 Kallithea-Nikiti 9:15:00

**THEODOROUDIS IOANNIS (GRE)** 2007 3rd of 24 Kallithea-Nikiti 8:21:00, 2009 4th of 22 Kallithea-Nikiti 7:34:00

**THEOLOGI DANAE** (GRE) 2008 5th of 5 Kallithea-Nikiti 11:37:00

**THEOFANOUS CHRISTOFOROS** (**GRE**) 2023 7th of 15 Kallithea-Nikiti 24,5 Km 10:29:02

**THOMAS ATHANASIOS (GRE)** 1978 3rd of 7 Kallithea-Nikiti 24,5 km, 1979 4th of 4 Kallithea-Nikiti 24,5 km, 1981 7th of 8 Kallithea-Nikiti 24,5 Km 11:35:00, 1983 9th of 10 Kallithea-Nikiti 24,5 km

INGLEZOS CHRISTOS (GRE) 2021 8th of 15 Kallithea-Nikiti 24,5 Km 11:39:00

#### IOANNIDIS PANAGIOTIS (GRE) 2014 17th of 18 Kallithea-Nikiti 12:06:00

#### IOANNIDIS ALEXANDROS (GRE) 2013 3rd of 19 Kallithea-Nikiti 7:00:00



IOANNIDIS ARIS (GRE) (Masters Europe Swim Champion) 1996 2nd of 15 Afitos-Nikiti 24 Km 7:36:00, 1997 9th of 17 Afitos-Nikiti 24 Km 6:22:00, 2006 4th of 21 Kallithea-Nikiti 8:20:00, 2021 6th of 15 Kallithea-Nikiti 24,5 Km 9:09:00

IOANNIDOU DESPINA (GRE) 2016 3rd of 4 Kallithea-Nikiti 9.59.18

KAGIA EVANGELIA (GRE) 2000 3rd of 3 Kallithea-Nikiti 10:57:00

KAGIAKEISIDIS CHRISTOS (GRE) 1978 6th of 7 Kallithea-Nikiti 24,5 km

KAZANIS NIKOS (GRE) 2009 21st of 22 Kallithea-Nikiti 12:55:00

**KATHARIOS KOSTAS** (**GRE**) 1995 9th of 10 Afitos-Nikiti 24 Km 13:00:00 , 1996 12th of 15 Afitos-Nikiti 24 Km 9:58:00 , 1997 13th of 17 Afitos-Nikiti 24 Km 8:35:00 , 1998 5th of 14 Kallithea-Nikiti 8:12:00 , 1999 5th of 19 Kallithea-Nikiti 9:46:00 , 2001 7th of 18 Kallithea-Nikiti 9:24:00 , 2002 13th of 23 Kallithea-Nikiti 8:47:00

**KAKOGIANNAKI EUROPE (GRE)** 2024 2nd of 3 Kallithea-Nikiti 24,5 Km 10:08:49

**KALEMKERIDIS IOANNIS (GRE)** 1993 3rd of 14 Afitos-Nikiti 24 Km 7:00:00, 1995 4th of 10 Afitos-Nikiti 24 Km 11:03:00



44 χρόνια στις πισίνες και σε μαραθώνιους αγώνες ανοιχτής θαλάσσης

**KALISPERATOS STERGIOS-STELIOS** (GRE) 1979 1st of 4 Kallithea-Nikiti 24,5 km

KALOGERAS ERMIS (GRE) 2006 9th of 21 Kallithea-Nikiti 9:55:00

KALTSA IOANNA (GRE) 2012 3rd of 6 Kallithea-Nikiti 9:44:00

KAMARETA SOFIA (GRE) 2011 1st of 1 Kallithea-Nikiti 13:12:00

KAMPADAKIS ALEXANDROS (GRE) 2015 12th of 16 Kallithea-Nikiti 11:43:00

KANAKAKIS LOUKAS (GRE) 2019 5th of 11 Kallithea-Nikiti 24,5 Km 9:50:00

KANAKIS GEORGIOS (GRE) 2011 6th of 21 Kallithea-Nikiti 8:13:00

**KANATAS LEFTERIS (GRE)** 2010 10th of 12 Kallithea-Nikiti 11:34:00, 2011 15th of 21 Kallithea-Nikiti 10:47:00

KANLIS MICHALIS (GRE) 2017 8th of 11 Kallithea-Nikiti 13:42:00 KARAVANAS ANASTASIOS (GRE) 2007 8th of 24 Kallithea-Nikiti 9:07:00, 009 12th of 22 Kallithea-Nikiti 10:00:00



Ο ΕΠΙΠΥΡΆΓΟΣ ΚΑΙ ΥΠΟΔΙΟΙΚΉΤΗΣ ΤΗΣ ΠΥΡΟΣΒΕΣΤΙΚΉΣ ΥΠΗΡΕΣΙΑΣ ΠΟΛΥΓΎΡΟΥ, ΜΙΛΤΌΣ ΚΑ ΡΑΓΕΩΡΓΙΑΔΉΣ, ΜΕ ΠΡΟΠΟΝΉΤΗ ΤΟΝ ΝΙΚΟΛΑ ΡΕΠΑΝΑ, ΚΟΛΥΜΠΉΣΕ ΤΟΝ ΔΙΠΛΟ ΔΙΑΠΛΟΎ ΤΟΥ ΤΟΡΏΝΑΙΟΥ ΚΟΛΠΟΥ, ΚΑΤΑΡΡΙΠΤΟΝΤΆΣ ΚΑΙ ΤΟ ΡΕΚΟΡ ΤΗΣ ΔΙΑΔΡΟΜΉΣ

**KARAGEORGIADIS MILTOS** (X2) (GRE) 2011 7th of 21 Kallithea-Nikiti 8:19:00, 2013 5th of 19 Kallithea-Nikiti 7:17:00, 2015 (2X)=2X24,5=49 Km 15:09:00

KARAGIANNI KATERINA (GRE) 1995 2nd of 3 Afitos-Nikiti 24 Km 11:34:00, 1997 1st of 4 Afitos-Nikiti 24 Km 7:50:00

**KARAKYRIAZIS KYRIAKOS (GRE)** 1999 18th of 19 Kallithea-Nikiti 13:10:00, 2000 14th of 22 Kallithea-Nikiti 9:08:00, 2001 16th of 18 Kallithea-Nikiti 12:13:00, 2002 11th of 23 Kallithea-Nikiti 8:36:00, 2003 12th of 23 Kallithea-Nikiti 10:25:00, 2004 9th of 19 Kallithea-Nikiti 8:57:00, 2005 15th of 17 Kallithea-Nikiti 13:30:00, 2006 10th of 21 Kallithea-Nikiti 9:56:00

KARAMOUTSOS KOSTAS (GRE) 2021 15th of 15 Kallithea-Nikiti 24,5 Km OTL

KARAMPAS ARISTIDIS (GRE) 2022 4th of 12 Kallithea-Nikiti 24,5 Km 10:20:00

KARANIKOLAS NIKOS (GRE) 1996 13th of 15 Afitos-Nikiti 24 Km 10:25:00

**KASIMIS DIMITRIOS (GRE)** 2006 3rd of 21 Kallithea-Nikiti 7:56:00, 2007 2nd of 24 Kallithea-Nikiti 7:31:00

KASTRITI KATERINA (GRE) 2010 2nd of 4 Kallithea-Nikiti 10:42:00

**KATIRTZIS DIMITRIOS (GRE)** 1988 5th of 5 Kallithea-Nikiti 24,5 Km 13:00:00 , 1989 7th of 7 Kallithea-Nikiti 24,5 Km 12:33:00

**KATRANTSIOTIS THEODOROS** (GRE) 2023 8th of 15 Kallithea-Nikiti 24,5 Km 11:32:10

KATRANTSIOTIS VASILEIOS (GRE) 2017 7th of 11 Kallithea-Nikiti 12:10:00

KATRANTSIOTIS GEORGIOS (GRE) 2009 11th of 22 Kallithea-Nikiti 9:26:00

**KATRANTSIOTIS DIMITRIOS (GRE)** 2003 17th of 23 Kallithea-Nikiti 12:03:00, 2007 24th of 24 Kallithea-Nikiti 13:10:00

KATSIKARI MARIA (GRE) 2024 1st of 3 Kallithea-Nikiti 24,5 Km 8:39:06

KATSOULIS DIMITRIS (GRE) 1998 9th of 14 Kallithea-Nikiti 9:03:00

**KELINIKOLAS IOANNIS (GRE)** 1992 2nd of 21 Afitos-Nikiti 24 Km 5:40:00, 1994 3rd of 14 Afitos-Nikiti 24 Km 9:03:00

KLADIS MICHAEL (GRE) 1992 11th of 21 Afitos-Nikiti 24 Km 8:07:00

**COHEN ILIAS (GRE)** 1994 8th of 14 Afitos-Nikiti 24 Km 10:29:00 , 1996 6th of 15 Afitos-Nikiti 24 Km 9:05:00

KOTHONIDIS IOANNIS (GRE) 2013 2nd of 19 Kallithea-Nikiti 5:27:00

KOMNINOS NEOPHYTOS (GRE) 2011 10th of 21 Kallithea-Nikiti 8:29:00

KORASIDIS STAVROS (GRE) 1992 15th of 21 Afitos-Nikiti 24 Km 9:34:00

KORITSAS ARISTOTLE (GRE) 2000 8th of 22 Kallithea-Nikiti 8:11:00, 2001 10th of 18 Kallithea-Nikiti 9:34:00

KORBAKIS ANTONIS (GRE) 2011 16th of 21 Kallithea-Nikiti 10:53:00

KORRES DIMITRIOS (GRE) 2011 17th of 21 Kallithea-Nikiti 11:06:00

**KOTZAKONSTANTINOU ANASTASIOS (GRE)** 2018 5th of 17 Kallithea-Nikiti 24,5Km 7:39:00

**KOTRONAROS PANAGIOTIS** (**GRE**) 1991 7th of 7 Afitos-Nikiti 24 Km 9:40:00 , 1992 14th of 21 Afitos-Nikiti 24 Km 8:30:00 , 1993 7th of 14 Afitos-Nikiti 24 Km 7:34:00 , 1996 9th of 15 Afitos-Nikiti 24 Km 9:19:00 , 1997 14th of 17 Afitos-Nikiti 24 Km 9:05:00 , 1998 7th of 14 Kallithea-Nikiti 8:38:00 , 1999 13th of 19 Kallithea-Nikiti 11:57:00 , 2000 19th of 22 Kallithea-Nikiti 9:56:00 , 2004 17th out of 19 Kallithea-Nikiti 9:58:00

KOUVAKIS ELEFTHERIOS (GRE) 2011 5th of 21 Kallithea-Nikiti 8:13:00



**KOUVELI VASSILIKI (GRE)** (Masters OWS World Champion -X3)+2008 1st of 5 Kallithea-Nikiti 7:34:00, 2010 1st of 4 Kallithea-Nikiti 9:54:00

KOUKOUVITOU VASSILIKI (GRE) 2015 3rd of 3 Kallithea-Nikiti 11:31:00

**KOUKOUTSI MARIA (GRE)** 1993 3rd of 3 Afitos-Nikiti 24 Km 9:06:00, 1997 4th of 4 Afitos-Nikiti 24 Km 11:00:00, 1998 7th of 9 Kallithea-Nikiti 9:52:00

KOULIKAS ARISTOTLE (GRE) 2009 14th of 22 Kallithea-Nikiti 10:19:00

**KOULOUMVARIS PANAGIOTIS** (**GRE**) 1992 10th of 21 Afitos-Nikiti 24 Km 7:53:00 , 1993 6th of 14 Afitos-Nikiti 24 Km 7:31:00 , 2000 15th of 22 Kallithea-Nikiti 9:13:00 , 2001 11th of 18 Kallithea-Nikiti 9:46:00

**KOUNTOURI STYLIANI (GRE)** 2016 4th of 4 Kallithea-Nikiti 10.15.21, 2018 4th of 4 Kallithea-Nikiti 24,5Km 9:55:00

KOURA DINA (GRE) 2009 2nd of 2 Kallithea-Nikiti 13:34:00

**KOURLIOUROS NIKOLAOS (GRE)** 2021 3rd of 15 Kallithea-Nikiti 24,5 Km 8:36:50

KOUSTAS TRYFON (GRE) 2016 4th of 12 Kallithea-Nikiti 7.18.30

**KOUTLIANOS VASILEIOS** (**GRE**) 2008 21st of 22 Kallithea-Nikiti 15:11:00 , 2009 22nd of 22 Kallithea-Nikiti 13:15:00 , 2012 18th of 18 Kallithea-Nikiti , 2013 19th of 19 Kallithea-Nikiti 12:12:00 , 2014 18th of 18 Kallithea-Nikiti 14:00:00 , 2015 15th of 16 Kallithea-Nikiti 12:56:00 , 2016 12th of 12 Kallithea-Nikiti 12:54.00 , 2018 17th of 17 Kallithea-Nikiti 24,5Km 13:00:00 , 2021 13th of 15 Kallithea-Nikiti 24,5 Km 13:52:00 , 2022 9th of 12 Kallithea-Nikiti 24,5 Km OTL



**KOUTLIANOS AGGELOS (GRE)** 1971 1st of 2 Metamorfosi-Kallithea 24 Km, 1972 2nd of 8 Metamorfosi-Kallithea 24 Km, 1978 4th of 7 Kallithea-Nikiti 24,5 km, 1979 2nd of 4 Kallithea-Nikiti 24,5 km, 1981 6th of 8 Kallithea-Nikiti 24,5 Km 11:14:00

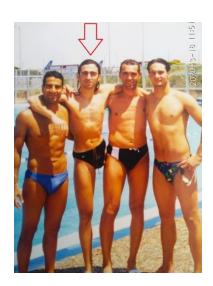
**KROMMYDAS VASILEIOS** (**GRE**) 1989 2nd of 7 Kallithea-Nikiti 24,5 km 9:07:00

KYRIAKOU STAVROS (GRE) 2013 17th of 19 Kallithea-Nikiti 10:55:00

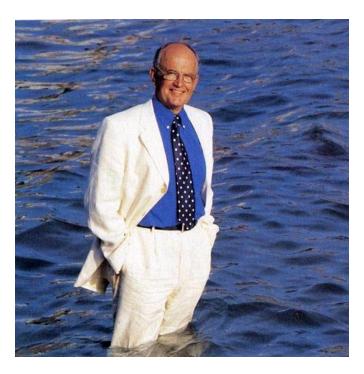
KYTIDIS THEODOROS (GRE) 1994 14th of 14 Afitos-Nikiti 24 Km 11:22:00

**KYFONIDIS IOANNIS (GRE)** 2016 10th of 12 Kallithea-Nikiti 9.48.05, 2021 12th of 15 Kallithea-Nikiti 24,5 Km 13:42:00

KONSTANTOPOULOU ALEKA (GRE) 1998 8th of 9 Kallithea-Nikiti 12:40:00



**KOSTARIS ATHANASIOS DISABLED** (**GRE**) 2001 14th of 18 Kallithea-Nikiti 10:57:00



**KOTSIOPOULOS GIANNIS** (GRE) (X3)+(X2)+(English Channel) 1994 12th of 14 Afitos-Nikiti 24 Km 11:00:00 , 1995 7th of 10 Afitos-Nikiti 24 Km 13:00:00 , 1996 11th of 15 Afitos-Nikiti 24 Km 9:35:00 , 1997 16th of 16 Afitos-Nikiti 24 Km 9:38:00 , 1998 11th of 14 Kallithea-Nikiti 9:23:00 , 1999 14th of 19 Kallithea-Nikiti 12:40:00 , 2001 (2X)=2X24,5=49 Km No-wetsuit 23:51:00 , 2004 12th of 19 Kallithea-Nikiti 9:04:00 , 2005 (3X)=3X24,5=73,5 Km ,the only one (X3), 35:30:00 , 2006 19th of 21 Kallithea-Nikiti 11:59:00 , 2007 16th of 24 Kallithea-Nikiti 10:22:00 , 2008 18th of 22 Kallithea-Nikiti 10:37:00



**KOTSIOPOULOU KATERINA (GRE)** 1997 2nd of 4 Afitos-Nikiti 24 Km 9:05:00 years old **17**, 1998 2nd of 9 Kallithea-Nikiti 8:18:00 , **1999 1st** of 5 Kallithea-Nikiti 9:43:00

LALIAS APOSTOLIS (GRE) 2002 14th of 23 Kallithea-Nikiti 8:57:00

**LALIAS ANTONIS (GRE)** 1994 9th of 14 Afitos-Nikiti 24 Km 10:29:00, 1996 7th of 15 Afitos-Nikiti 24 Km 9:05:00

LAMPADITIS IOANNIS (GRE) 2018 14th of 17 Kallithea-Nikiti 24,5Km 10:07:00

**LAMBRINOS ZACHARIAS (GRE)** 1999 16th of 19 Kallithea-Nikiti 12:52:00, 2000 17th of 22 Kallithea-Nikiti 9:22:00, 2002 16th of 23 Kallithea-Nikiti 10:17:00

LETSOS KOSTAS (GRE) 2012 5th of 18 Kallithea-Nikiti 7:28:00



**LOGOTHETIS CHRISTOS (GRE)** (English Channel) + 2011 19th of 21 Kallithea-Nikiti 12:05:00, 2023 10th of 15 Kallithea-Nikiti 24,5 Km 12:40:50

LOUKA VASSILIKI (GRE) 2019 6th of 6 Kallithea-Nikiti 24,5 Km 8:42:00

MAGKOS GIORGOS (GRE) 2021 10th of 15 Kallithea-Nikiti 24,5 Km 12:08:00



**MATHAS GEORGIOS (GRE)** (English Channel)+ 1984 2nd of 3 Kallithea-Nikiti 24,5 Km 11:10:00 , 1987 2nd of 5 Kallithea-Nikiti 24,5 Km 9:17:00 , 1990 10th of 11 Afitos-Nikiti 24 Km 12:56:00 , 1992 17th of 21 Afitos-Nikiti 24 Km 9:53:00 , 1993 9th of 14 Afitos-Nikiti 24 Km 8:37:00 , 2000 16th of 22 Kallithea-Nikiti 9:14:00 , 2004 18th of 19 Kallithea-Nikiti 10:01:00 , 2008 15th of 22 Kallithea-Nikiti 9:22:00 , 2012 14th of 18 Kallithea-Nikiti 9:36:00 , 2015 13th of 16 Kallithea-Nikiti 11:47:00 , 2023 15th of 15 Kallithea-Nikiti 24,5 Km OTL

MALAMAS DIMITRIOS (GRE) 2022 6th of 12 Kallithea-Nikiti 24,5 Km 10:46:00

**MALIGGOUDIS VASSILIS (GRE)** 2003 9th of 23 Kallithea-Nikiti 10:00:00, 2005 16th of 17 Kallithea-Nikiti 13:30:00, 2007 21st of 24 Kallithea-Nikiti 11:34:00, 2009 17th of 22 Kallithea-Nikiti 10:47:00

MANOS VANGELIS (GRE) 1992 19 de 21 Afitos-Nikiti 24 Km 10:19:00 , 2000 12 de 22 Kallithea-Nikiti 8:42:00 , 2002 18 de 23 Kallithea-Nikiti 10:40:00

MANOLAKIS ANASTASIOS (GRE) 2015 6th of 16 Kallithea-Nikiti 8:50:00

MANOLIS ANTONIS (GRE) 2000 4th of 22 Kallithea-Nikiti 6:54:00

MARAGGOS GEORGE-MARIOS (GRE) 2017 4th of 11 Kallithea-Nikiti 10:47:00, 2023 3rd of 15 Kallithea-Nikiti 24,5 Km 8:54:57

MARAGGOS NIKOLAOS (GRE) 2004 13th of 19 Kallithea-Nikiti 9:13:00 MARAKOS DIMITRIS (GRE) 2017 10th of 11 Kallithea-Nikiti 14:47:00



**MARINOPOULOU GEORGIA (GRE)** 2019 1st of 6 Kallithea-Nikiti 24,5 Km 6:51:00 **faster woman** 

MARKOU VASILEIOS (GRE) 1990 6th of 11 Afitos-Nikiti 24 Km 11:18:00



Διπλός Τορωναίος 2012 Θεοδόσης Ματόπουλος Τερμοτισμός2

**MATOPOULOS THEODOSIS** (X2) (GRE) 2006 16th of 21 Kallithea-Nikiti 11:10:00, 2012 (2X)=2X24,5=49 Km 17:22:03

MATRAKIS THOMAS (GRE) 2011 14th of 21 Kallithea-Nikiti 10:32:00

MAVRAGANIS STRATIS (GRE) 2019 2nd of 11 Kallithea-Nikiti 24,5 Km 8:21:00

MAVRIDOU ANASTASIA (GRE) 2012 4th of 6 Kallithea-Nikiti 10:12:00

**MAVROMATIS DIMITRIS (GRE)** 2019 6th of 11 Kallithea-Nikiti 24,5 Km 9:50:00 , 2023 11th of 15 Kallithea-Nikiti 24,5 Km 12:51:55

**MAVROCHORIDIS KONSTANTINOS (GRE)** 2003 23rd of 23 Kallithea-Nikiti 13:45:00

MELADINIS ARISTIDES (GRE) 2006 11th of 21 Kallithea-Nikiti 10:02:00

MELETIADI ELENA (GRE) 2018 1st of 4 Kallithea-Nikiti 24,5Km 7:41:00

**MELISSIDIS GIANNIS (GRE)** 2006 20th of 21 Kallithea-Nikiti 12:15:00, 2007 23rd of 24 Kallithea-Nikiti 12:15:00, 2009 19th of 22 Kallithea-Nikiti 12:10:00



στατιστικά του 1920 έως το 2018), με κριτήριο πόσες συνεχείς ώρες κολύμπησαν στην θάλασσα χωρίς στολή wetsuit- ανακοίνωσε η παγκόσμια ομοσπονδία WOWSA (World Open Water Swimming Association). (Πηγή: <a href="http://openwaterpedia.com/index.php?title=24-hour-club">http://openwaterpedia.com/index.php?title=24-hour-club</a>

https://www.youtube.com/watch?v=DrcxCOD3UcQ

**MELTSIS STEFANOS** (**X4**) (**GRE**) 2007 10th of 24 Kallithea-Nikiti 9:23:00, 2008 10th of 22 Kallithea-Nikiti 8:21:00, 2011 (**4X**)=4X24,5=98 Km first ever No-wetsuit 37:53:00, 2013 4th of 19 Kallithea-Nikiti 7:13:00

MENEXIADI DANAE (GRE) 2007 5th of 5 Kallithea-Nikiti 10:32:00, 2008 4th of 5 Kallithea-Nikiti 9:58:00

MITROPAPAS KONSTANTINOS (GRE) 2006 7th of 21 Kallithea-Nikiti 9:44:00, 2007 5th of 24 Kallithea-Nikiti 8:50:00

MIKIKI VAIA (GRE) 1994 1st of 1 Afitos-Nikiti 24 Km 10:29:00

MICHAS DIMITRIOS (GRE) 2022 12th of 12 Kallithea-Nikiti 24,5 Km OTL

MONORI KAROLOS (GRE) 2002 9th of 23 Kallithea-Nikiti 8:21:00

MOSCHIDIS ATHANASIOS (GRE) 1986 1st of 3 Kallithea-Nikiti 24,5 Km 10:00:00 , 1989 4th of 7 Kallithea-Nikiti 24,5 Km 10:20:00

**MOSCHIOS ATHANASIOS** (**GRE**) 1981 2nd of 8 Kallithea-Nikiti 24,5 km 7:27:00

**MOURATIDIS SYMEON** (**GRE**) 2018 15th of 17 Kallithea-Nikiti 24,5Km 10:33:00

BABANIKAS VASILIS (GRE) 2021 11th of 15 Kallithea-Nikiti 24,5 Km 12:09:00

**BADOUVANIS PANAGIOTIS** (**GRE**) 2014 2nd of 18 Kallithea-Nikiti 6:25:00, 2024 8th of 15 Kallithea-Nikiti 24,5 Km 7:18:42

**BATZIS CHRISTOFOROS** (**GRE**) 2005 17th of 17 Kallithea-Nikiti 14:36:00, 2006 17th of 21 Kallithea-Nikiti 11:11:00, 2007 17th of 24 Kallithea-Nikiti 10:29:00, 2008 19th of 22 Kallithea-Nikiti 10:37:00, 2009 15th of 22 Kallithea-Nikiti 10:29:00, 2010 9th of 12 Kallithea-Nikiti 11:26:00

BEKAS GEORGIOS (GRE) 2024 3rd of 15 Kallithea-Nikiti 24,5 Km 6:31:24

BENAKIS KONSTANTINOS (GRE) 2015 14th of 16 Kallithea-Nikiti 11:51:00

**BINOPOULOS STELIOS (GRE)** 1995 6th of 10 Afitos-Nikiti 24 Km 11:53:00, 1996 4th of 15 Afitos-Nikiti 24 Km 8:15:00, 1997 10th of 17 Afitos-Nikiti 24 Km 7:20:00, 2008 11th of 22 Kallithea-Nikiti 8:38:00

BISKAS GEORGIOS (GRE) 2000 21st of 22 Kallithea-Nikiti 10:57:00

**BOLOMITI MARIA (GRE)** 1998 5th of 9 Kallithea-Nikiti 9:20:00

**BODIOS** (GRE) 1983 6th of 10 Kallithea-Nikiti 24,5 km

**BOUZAKI SOFIA (GRE)** 2018 2nd of 4 Kallithea-Nikiti 24,5Km 8:09:00

BOUSOULEGAS ARISTIDIS (GRE) 2006 2nd of 21 Kallithea-Nikiti 7:37:0

MYLONAS GIANNIS (GRE) 2012 17th of 18 Kallithea-Nikiti 10:40:00

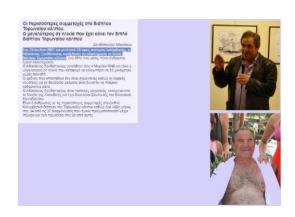
NAOUM MANOLIS (GRE) 2015 7th of 16 Kallithea-Nikiti 9:16:00

NATSIOS GIANNIS (GRE) 2002 6th of 23 Kallithea-Nikiti 8:02:00

**DALLAS DIMITRIS (GRE)** 1993 11th of 14 Afitos-Nikiti 24 Km 9:09:00, 1995 8th of 10 Afitos-Nikiti 24 Km 13:00:00, 2007 12th of 24 Kallithea-Nikiti 9:48:00

**DEAS CHRISTOS (GRE)** 2018 11th of 17 Kallithea-Nikiti 24,5Km 9:24:00

**DOVELLOU MARIA (GRE)** 2019 5th of 6 Kallithea-Nikiti 24,5 Km 8:39:00



XANTHOPOULOS ATHANASIOS (X2) (GRE) (20 finishes in 31 participations) 1972 3rd of 8 Metamorfosi-Kallithea 24 km, 1978 5th of 7 Kallithea-Nikiti 24,5 km, 1979 3rd of 4 Kallithea-Nikiti 24,5 km, 1981 8th of 8 Kallithea-Nikiti 24,5 Km 12:27:00, 1983 8th of 10 Kallithea-Nikiti 24,5 km, 1986 3rd of 3 Kallithea-Nikiti 24,5 Km 14:00:00, 1987 4th of 5 Kallithea-Nikiti 24,5 Km 12:43:00, 1988 4th of 5 Kallithea-Nikiti 24,5 Km 12:30:00, 1993 12th of 14 Afitos-Nikiti 24 Km 9:50:00, 1996 15th of 15 Afitos-Nikiti 24 Km 13:08:00, 1997 17th of 17 Afitos-Nikiti 24 Km 13:37:00, 1998 14th of 14 Kallithea-Nikiti 12:30:00, 1999 17th of 19 Kallithea-Nikiti 12:54:00, 2000 22nd of 22 Kallithea-Nikiti 11:17:00, 2002 22nd of 23 Kallithea-Nikiti 11:02:00, 2003 22nd of 23 Kallithea-Nikiti 13:20:00, 2007 (2X)=2X24,5=49 Km 28:00:00, 2008 22nd of 22 Kallithea-Nikiti 15:49:00, 2013 18th of 19 Kallithea-Nikiti 11:15:00

**XANTHOPOULOS CHRISTOS (TAKIS) (GRE)** 1971 2nd of 2 Metamorfosi-Kallithea 24 km

XYLA ELENI (GRE) 2005 2nd of 3 Kallithea-Nikiti 8:30:00, 2006 1st of 1 Kallithea-Nikiti 9:47:00, 2007 2nd of 5 Kallithea-Nikiti 9:18:00

XYLAS KOSTAS (GRE) 2001 4th of 18 Kallithea-Nikiti 8:29:00

**OIKONOMAKI STYLIANI (GRE)** 2024 3rd of 3 Kallithea-Nikiti 24,5 Km 11:29:29

OTAPASIDOU PENELOPE (GRE) 2023 2nd of 2 Kallithea-Nikiti 24,5 Km OTL

PAGOU FOTINI (GRE) 2004 2nd of 5 Kallithea-Nikiti 9:05:00

PALAMIDI HARA (GRE) 2017 1st of 2 Kallithea-Nikiti 11:35:00

PANAGIOTIDOU NAFSIKA (GRE) 1983 2nd of 2 Kallithea-Nikiti 24,5 km

**PANAGIOTOU GIANNIS (GRE)** 1972 4th of 8 Metamorfosi-Kallithea 24 km, 1978 2nd of 7 Kallithea-Nikiti 24,5 km

**PANOUSI SOFIA-ELEFTHERIA** (GRE) 2018 3rd of 4 Kallithea-Nikiti 24,5Km 9:54:00

PANTELA PANAGIOTA (GRE) 2022 3rd of 4 Kallithea-Nikiti 11:27:00

**PANTIS NIKOS (GRE)** 1999 11th of 19 Kallithea-Nikiti 11:46:00, 2001 8th of 18 Kallithea-Nikiti 9:30:00, 2003 11th of 23 Kallithea-Nikiti 10:22:00

PAPADAKIS GIORGOS (GRE) 1975 2nd of 3 Kallithea-Nikiti 24,5 km, 1976 2nd of 2 Kallithea-Nikiti 24,5 Km 12:50:00

PAPADAKIS NIKOLAOS (GRE) 1972 1st of 8 Metamorfosi-Kallithea 24 km

**PAPADOPOULOS IORDANIS (GRE)** 2018 6th of 17 Kallithea-Nikiti 24,5Km 7:50:00



PAPADOPOULOS CHRISTOS (GRE) 2012 1st of 18 Kallithea-Nikiti 6:10:00

PAPADOPOULOS ILIAS (GRE) 2002 23rd of 23 Kallithea-Nikiti 12:02:00

**PAPADOPOULOS GEORGIOS (GRE)** 2023 2nd of 15 Kallithea-Nikiti 24,5 Km 8:21:47

**PAPATHANASIOU VASILIS (GRE)** 2003 13th of 23 Kallithea-Nikiti 10:25:00, 2004 7th of 19 Kallithea-Nikiti 8:45:00, 2005 10th of 17 Kallithea-Nikiti 9:55:00, 2017 6th of 11 Kallithea-Nikiti 11:51:00, 2018 3rd of 17 Kallithea-Nikiti 24,5Km 7:11:00

PAPATHANASIOU MAKIS (GRE) 2011 20th of 21 Kallithea-Nikiti 12:42:00

PAPAIOANNOU OLGA (GRE) 1983 1st of 2 Kallithea-Nikiti 24,5 km

PAPALAMPROU GEORGIOS (GRE) 2003 19th of 23 Kallithea-Nikiti 12:17:00

PAPANIKOLAOU ATHANASIOS (GRE) 1972 7th of 8 Metamorfosi-Kallithea 24 km

PAPARGYRIOU CHRYSANTHI (GRE) 2013 2nd of 3 Kallithea-Nikiti 9:05:00, 2022 4th of 4 Kallithea-Nikiti 12:56:00

PAPARGYRIOU IRAKLIS (GRE) 2014 14th of 18 Kallithea-Nikiti 11:05:00

PAPARNAKI KATERINA (GRE) 1993 1st of 3 Afitos-Nikiti 24 Km 7:00:00 , 1995 3rd of 3 Afitos-Nikiti 24 Km 11:45:00 , 1996 3rd of 4 Afitos-Nikiti 24 Km 9:15:00 , 1997 3rd of 4 Afitos-Nikiti 24 Km 9:30:00 , 1998 4th of 9 Kallithea-Nikiti 9:12:30 , 1999 4th of 5 Kallithea-Nikiti 11:47:00 , 2000 1st of 3 Kallithea-Nikiti 8:01:00 , 2001 2nd of 5 Kallithea-Nikiti 9:14:00 , 2002 2nd of 4 Kallithea-Nikiti 8:43:00 , 2003 1st of 5 Kallithea-Nikiti 10:03:00 , 2004 1st of 5 Kallithea-Nikiti 8:58:00



ΠΑΠΑΡΝΑΚΗΣ ΘΑΝΑΣΗΣ 1997 ΔΙΠΛΟΣ ΔΙΑΠΛΟΥΣ ΤΟΡΩΝΑΙΟΥ

**PAPARNAKIS ATHANASIOS (GRE)** (X2)+1992 1st of 21 Afitos-Nikiti 24 Km 5:29:00 , 1993 2nd of 14 Afitos-Nikiti 24 Km 7:00:00 , 1994 2nd of 14 Afitos-Nikiti 24 Km 7:25:00 , 1995 1st of 10 Afitos-Nikiti 24 Km 9:00:00 , 1996 3rd of 15 Afitos-Nikiti 24 Km 7:48:00 , 1997 (2X)=2X24,5=49 Km 16:00:00 1998 2nd of 14 Kallithea-Nikiti 7:30:00 , 1999 10th of 19 Kallithea-Nikiti 11:36:00 , 2001 6th of 18 Kallithea-Nikiti 8:45:00 , 2002 7th of 23 Kallithea-Nikiti 8:06:00

PAPASPYROU AGGELIKI (GRE) 2019 4th of 6 Kallithea-Nikiti 24,5 Km 8:17:00

# PAPASTEFANOU MARIA (GRE) 2012 5th of 6 Kallithea-Nikiti 11:40:00 PARASKEVAS LEFTERIS (GRE) 2012 7th of 18 Kallithea-Nikiti 7:50:00



PARASKEVOPOULOS NIKOS (GRE) 2002 1st of 23 Kallithea-Nikiti 6:56:00

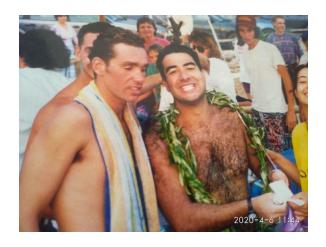


PARASKEVOPOULOS LAKIS (GRE) 2001 1st of 18 Kallithea-Nikiti 6:50:00, 2002 5th of 23 Kallithea-Nikiti 7:56:00



**PARASKEVOPOULOU EVITA (GRE)** 1989 1st overall 1st of 2 Kallithea-Nikiti 24,5 km 8:20:00

# PARISIS ANDREAS (GRE) 2017 5th of 11 Kallithea-Nikiti 11:15:00



PATERAKIS NIKOS DISABLED (GRE) 1992 20th of 21 Afitos-Nikiti 24 Km 10:44:00

PAVLIDIS KOSTAS (GRE) 2001 5th of 18 Kallithea-Nikiti 8:31:00

PETRAKIS TRIANTAFYLLOS (GRE) 2011 11th of 21 Kallithea-Nikiti 9:51:00

**PEFANIS GERASIMOS (GRE)** 2003 8th of 23 Kallithea-Nikiti 9:45:00 , 2004 11th of 19 Kallithea-Nikiti 8:59:00

PIACHAS THANOS (GRE) 2015 9th of 16 Kallithea-Nikiti 11:09:00

 $\textbf{POLYZOS} \ \ \textbf{ALEXANDROS} \ \ (\textbf{GRE}) \ \ 2013 \ \ 13 th \ of \ 19 \ Kallithea-Nikiti \ \ 9:17:00 \ \ , \ 2023$ 

6th of 15 Kallithea-Nikiti 24,5 Km 10:27:02



**POLYZOS ARISTIDIS (GRE) (X2)+(English Channel 2002)** 1998 10th of 14 Kallithea-Nikiti 9:12:00 , 1999 12th of 19 Kallithea-Nikiti 11:51:00 , 2000 13th of 22 Kallithea-Nikiti 8:43:00 , 2001 15th of 18 Kallithea-Nikiti 11:14:00 , 2002 10th of 23 Kallithea-Nikiti 8:26:00 , 2004 (2X)=2X24,5=49 Km 18:16:00 , 2006 6th of 21 Kallithea-Nikiti 9:13:00 , 2010 3rd of 12 Kallithea-Nikiti 9:38:00 , 2022 7th of 12 Kallithea-Nikiti 24,5 Km 12:00:00

#### POLYZOS KONSTANTINOS (GRE) 2009 10th of 22 Kallithea-Nikiti 9:00:00



**POLYZOS ORESTIS (GRE)** 2019 3rd of 11 Kallithea-Nikiti 24,5 Km 8:39:00 years old **17** 

POLYZOU SOFIA (GRE) 2019 3rd of 6 Kallithea-Nikiti 24.5 Km 8:06:00

**PONTIDAS PANAGIOTIS** (**GRE**) 1992 12th of 21 Afitos-Nikiti 24 Km 8:16:00, 1994 6th of 14 Afitos-Nikiti 24 Km 9:51:00, 1996 10th of 15 Afitos-Nikiti 24 Km 9:19:00, 1998 4th of 14 Kallithea-Nikiti 8:06:00, 1999 7th of 19 Kallithea-Nikiti 11:24:00, 2007 4th of 24 Kallithea-Nikiti 8:44:00

POULIOS ACHILLEAS (GRE) 2009 7th of 22 Kallithea-Nikiti 8:07:00

POULOPOULOS STELIOS (GRE) 2012 8th of 18 Kallithea-Nikiti 8:43:00

PRATSAS THOMAS (GRE) 2010 8th of 12 Kallithea-Nikiti 11:10:00

PRINTZIOS VASILIS (GRE) 1992 13th of 21 Afitos-Nikiti 24 Km 8:26:00

**REKKOS THANASIS (GRE)** 2008 8th of 22 Kallithea-Nikiti 8:09:00, 2009 5th of 22 Kallithea-Nikiti 7:42:00, 2012 6th of 18 Kallithea-Nikiti 7:29:00

**REPANAS NIKOLAS (GRE)** 2007 19th of 24 Kallithea-Nikiti 10:55:00, 2009 13th of 22 Kallithea-Nikiti 10:19:00

**REPANAS ANTONIS (GRE)** 2000 9th of 22 Kallithea-Nikiti 8:15:00 , 2001 12th of 18 Kallithea-Nikiti 9:47:00

RODOLFOU RODOLFOS (CYP) 2024 2nd of 15 Kallithea-Nikiti 24,5 Km 6:15:03

**ROZOU ANTHI (GRE)** 2020 Tandem. (Covid-19. No race)

ROIS SPYROS (GRE) 2016 8th of 12 Kallithea-Nikiti 8.58.02

SAILER NIKOS (GRE) 2010 12th of 12 Kallithea-Nikiti 14:30:00

**SAKELLARIS DIMITRIS (GRE)** 2023 12th of 15 Kallithea-Nikiti 24,5 Km 13:25:46

SAMARAS ALEXANDROS (GRE) 2014 12th of 18 Kallithea-Nikiti 10:57:00

SARIKAS THEOCHARIS (GRE) 2008 14th of 22 Kallithea-Nikiti 9:18:00

**SARRIGEORGIDIS KONSTANTINOS (GRE)** 2024 10th of 15 Kallithea-Nikiti 24,5 Km 7:33:28



**SAHPAZIDIS ANASTASIOS (GRE)** 2013 1st of 19 Kallithea-Nikiti 5:25:00, 2014 1st of 18 Kallithea-Nikiti 6:05:00 faster Greek swimmer

SERISTATIDIS JOSEPH (GRE) 2018 7th of 17 Kallithea-Nikiti 24,5Km 7:59:00

SIFAKIS ANDREAS (GRE) 1994 5th of 14 Afitos-Nikiti 24 Km 9:47:00

SIDERIDIS ATHANASIOS (GRE) 2004 10th of 19 Kallithea-Nikiti 8:59:00, 2006 13th of 21 Kallithea-Nikiti 10:27:00, 2014 5th of 18 Kallithea-Nikiti 8:50:00

SIDIROPOULOU KATERINA (GRE) 2012 1st of 6 Kallithea-Nikiti 7:30:00

SIMONIAN VANGELIS (GRE) 2012 2nd of 18 Kallithea-Nikiti 7:10:00

SIOUTAS PANAGIOTIS (GRE) 2003 3rd of 23 Kallithea-Nikiti 8:06:00, 2004 2nd of 19 Kallithea-Nikiti 7:00:00, 2005 2nd of 17 Kallithea-Nikiti 7:30:00, 2011 2nd of 21 Kallithea-Nikiti 7:39:00

SIOUTAS ALEXANDROS (GRE) 2006 18th of 21 Kallithea-Nikiti 11:16:00

# **SOUVERMEZOGLOU GIANNIS (GRE)** 2008 20th of 22 Kallithea-Nikiti 12:38:00



SOURVANOU ELINA DISABLED (GRE) 2008 3rd of 5 Kallithea-Nikiti 9:05:00

SOUSTAS AGGELOS (GRE) 2016 11th of 12 Kallithea-Nikiti 10.43.34

SPILIOTOPOULOS ANDREAS (GRE) 2007 7th of 24 Kallithea-Nikiti 9:02:0

**STATHOGIANNOPOULOU IOANNA (GRE)** 1992 1st of 1 Afitos-Nikiti 24 Km 9:13:00 , 1993 2nd of 3 Afitos-Nikiti 24 Km 8:54:00

STANTZOS EFSTRATIOS (GRE) 2014 13th of 18 Kallithea-Nikiti 10:58:00

Νέο ρεκόρ στη διπλή διάπλευση του Τορωναίου Κόλπου από το Γ. Σταυρόπουλο



**STAVROPOULOS GIORGOS** (X2) (GRE) 2015 3rd of 16 Kallithea-Nikiti 7:15:00, 2016 (2X)=2X24,5=49 Km 13:21:02

STERGIOU SOTIRIS (GRE) 2015 10th of 16 Kallithea-Nikiti 11:15:00

STERGIOU ALEXANDROS (GRE) 2015 10th of 16 Kallithea-Nikiti 11:15:00

STERGIOUDAS ASTERIOS (GRE) 1988 2nd of 5 Kallithea-Nikiti 24,5 km 11:00:00



**STEFANATOS GIORGOS DISABLED** (**GRE**) 1993 13th of 14 Afitos-Nikiti 24 Km 9:56:00 , 1994 13th of 14 Afitos-Nikiti 24 Km 11:10:00 , 2005 13th of 17 Kallithea-Nikiti 11:10:00

**STOGIANNIDOU CLEOPATRA** (**GRE**) 2013 1st of 3 Kallithea-Nikiti 8:00:00, 2021 1st of 2 Kallithea-Nikiti 24,5 Km 9:56:00

STRATAKIS ALEXANDROS (GRE) 2008 9th of 22 Kallithea-Nikiti 8:14:00

STYLIANAKIS STELIOS (GRE) 2012 9th of 18 Kallithea-Nikiti 8:44:00

**SYMEONIDIS SIMOS (GRE)** 2007 15th of 24 Kallithea-Nikiti 10:18:00, 2012 12th of 18 Kallithea-Nikiti 9:20:00

SOTIRI DESPINA (GRE) 1998 5th of 9 Kallithea-Nikiti 9:20:00, 1999 5th of 5 Kallithea-Nikiti 13:10:00

**TZANAVARAS CHARISIS (GRE)** 2003 6th of 23 Kallithea-Nikiti 9:13:00 , 2004 4th of 19 Kallithea-Nikiti 7:58:00 , 2005 6th of 17 Kallithea-Nikiti 8:41:00 , 2011 3rd of 21 Kallithea-Nikiti 7:49:00

**TOPALIS KOSTAS (GRE)** 2014 6th of 18 Kallithea-Nikiti 9:00:00

TOUMBAS STELIOS (GRE) 2005 11th of 17 Kallithea-Nikiti 10:06:00

TOUMBAS ASTERIOS (GRE) 2004 14th of 19 Kallithea-Nikiti 9:16:00

**TRANTOU HARIS (GRE)** 1998 3rd of 9 Kallithea-Nikiti 8:19:00, 1999 3rd of 5 Kallithea-Nikiti 10:33:00, 2001 5th of 5 Kallithea-Nikiti 12:00:00

**TRIANTAFYLLIDIS GEORGIOS (GRE)** 2019 9th of 11 Kallithea-Nikiti 24,5 Km 11:00:00

TSALIS GIORGOS (GRE) 2005 12th of 17 Kallithea-Nikiti 10:20:00

TSAMIS CHRISTOS (GRE) 1978 7th of 7 Kallithea-Nikiti 24,5 km

TSELIOS PANAGIOTIS (GRE) 2017 9th of 11 Kallithea-Nikiti 14:10:00

**TSIALAS PETROS** (**GRE**) 1992 4th of 21 Afitos-Nikiti 24 Km 5:59:00 , 1997 11th of 17 Afitos-Nikiti 24 Km 7:35:00



TSIANOS GEORGIOS IOANNIS (GRE) (English Channel)+2008 1st of 22 Kallithea-Nikiti 6:24:00, 2010 2nd of 12 Kallithea-Nikiti 7:41:00

TSIARA IOANNA (GRE) 2017 2nd of 2 Kallithea-Nikiti 14:08:00

**TSIGGERLIOTIS ATHANASIOS (GRE)** 1990 8th of 11 Afitos-Nikiti 24 Km 11:32:00

**TSIKARIS ANASTASIOS (GRE)** 1987 5th of 5 Kallithea-Nikiti 24,5 km, 1991 2nd of 7 Afitos-Nikiti 24 Km 7:23:00

TSIKAS VASILIS (GRE) 2018 12th of 17 Kallithea-Nikiti 24,5Km 9:34:00

TSIOPANIS THOMAS (GRE) 2024 5th of 15 Kallithea-Nikiti 24,5 Km 6:46:41

**TSOUBARIS PARASCHOS (GRE)** 1996 14th of 15 Afitos-Nikiti 24 Km 12:00:00, 1998 13th of 14 Kallithea-Nikiti 10:40:00

FASOULAS THANASIS (GRE) 2002 8th of 23 Kallithea-Nikiti 8:17:00

**FESSAS CHRISTOS** (**GRE**) 1981 4th of 8 Kallithea-Nikiti 24,5 Km 8:50:00 , 1983 3rd of 10 Kallithea-Nikiti 24,5 km , 1986 2nd of 3 Kallithea-Nikiti 24,5 Km 10:30:00 , 1987 3rd of 5 Kallithea-Nikiti 24,5 Km 9:59:00 , 1988 3rd of 5 Kallithea-Nikiti 24,5 Km 12:00:00 , 1989 6th of 7 Kallithea-Nikiti 24,5 Km 12:09:00 , 1990 5th of 11 Afitos-Nikiti 24 Km 11:02:00

**FOLA ELEFTHERIA** (**GRE**) 1995 1st of 3 Afitos-Nikiti 24 Km 11:20:00, 1996 2nd of 4 Afitos-Nikiti 24 Km 9:13:00

FRAGKAKI CLIO (GRE) 2013 3rd of 3 Kallithea-Nikiti 9:10:00

**CHALKIAS DIMITRIOS (GRE)** 2004 16th of 19 Kallithea-Nikiti 9:56:00, 2006 21st of 21 Kallithea-Nikiti 12:28:00, 2007 20th of 24 Kallithea-Nikiti 11:01:00, 2009 18th of 22 Kallithea-Nikiti 10:50:00

**CHARALAMBIDIS ALEXANDROS** (**GRE**) 1999 4th of 19 Kallithea-Nikiti 8:59:00, 2000 6th of 22 Kallithea-Nikiti 7:22:00, 2002 4th of 23 Kallithea-Nikiti 7:30:00, 2003 4th of 23 Kallithea-Nikiti 8:45:00

**CHARALAMBIDIS NIKOLAOS** (**GRE**) 2019 11th of 11 Kallithea-Nikiti 24,5 Km 11:37:00

CHARALAMBOUS STAVROS (GRE) 2015 5th of 16 Kallithea-Nikiti 8:10:00



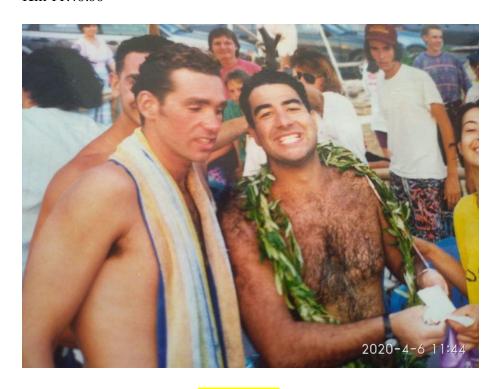
**CHARATASOS CHRISTOS (GRE)** 2017 1st of 11 Kallithea-Nikiti 24,5Km 8:00:00

CHARITOU VANGELIS (GRE) 2009 20th of 22 Kallithea-Nikiti 12:17:00

CHATZARAS FOTIS (GRE) 2017 2nd of 11 Kallithea-Nikiti 24,5Km 10:26:00

**CHADJIGEORGIOU DIAMANTIS (GRE)** 1989 1st of 7 Kallithea-Nikiti 24,5 km 9:00:00

**CHATZIELEFTHERIOU SOULTANA** (**GRE**) 2021 2nd of 2 Kallithea-Nikiti 24,5 Km 11:40:00



**CHATZIBEIS GIANNIS DISABLED** (**GRE**) 1992 21st of 21 Afitos-Nikiti 24 Km 11:46:00 , 1993 14th of 14 Afitos-Nikiti 24 Km 10:50:00 , 2021 14th of 15 Kallithea-Nikiti 24,5 Km 14:54:00

**CHATZIMOISIS DIMITRIS (GRE)** 2018 8th of 17 Kallithea-Nikiti 24,5Km 8:22:00

CHATZINAKOS MARKOS (GRE) 2006 15th of 21 Kallithea-Nikiti 10:57:00

**CHADJITSIRAKOGLOU DIMITRIOS (GRE)** 2011 4th of 21 Kallithea-Nikiti 8:08:00

CHATZIKOU NANA (GRE) 2012 6th of 6 Kallithea-Nikiti

CHILA CHRISTINA (GRE) 2009 1st of 2 Kallithea-Nikiti 8:23:00

**CHINTZIADIS MICHAEL (GRE)** 2024 14th of 15 Kallithea-Nikiti 24,5 Km 9:07:26



CHOUZOURIS MATTHEOS (GRE) 2015 1st of 16 Kallithea-Nikiti 7:12:00

CHUCHOUTAS ANTONIOS (GRE) 2008 16th of 22 Kallithea-Nikiti 9:30:00, 2010 7th of 12 Kallithea-Nikiti 11:00:00, 2014 10th of 18 Kallithea-Nikiti 10:32:00

**CHRANIOTIS THEODOROS** (**GRE**) 1984 3rd of 3 Kallithea-Nikiti 24,5 Km 11:10:00 , 1992 16th of 21 Afitos-Nikiti 24 Km 9:38:00 , 1993 10th of 14 Afitos-Nikiti 24 Km 8:54:00 , 2000 18th of 22 Kallithea-Nikiti 9:37:00 , 2001 18th of 18 Kallithea-Nikiti 12:40:00 , 2003 15th of 23 Kallithea-Nikiti 11:17:00

**CHRISTODOULIDIS ANGELOS (GRE)** 2022 11th of 12 Kallithea-Nikiti 24,5 Km OTL

CHRISTODOULOU STELIOS (GRE) 1993 5th of 14 Afitos-Nikiti 24 Km 7:11:00

**CHRYSAFIS GRIGORIS (GRE)** 2002 21st of 23 Kallithea-Nikiti 10:53:00, 2003 14th of 23 Kallithea-Nikiti 11:05:00



**CHRYSIKOPOULOS SPYROS** (**GRE**) (**X4**) **2017** (**4X**)=4X24,5=98 Km first ever Wetsuit 34:10:00 , **2019** 1st of 11 Kallithea-Nikiti 24,5 Km 5:48:00 , **2021** 1st of 15 Kallithea-Nikiti 24,5 Km 8:19:33

CHORIATAKIS DIMITRIS (GRE) 2005 14th of 17 Kallithea-Nikiti 13:15:00, 2007 14th of 24 Kallithea-Nikiti 10:15:00, 2012 13th of 18 Kallithea-Nikiti 9:20:00



Η Σοφία Ψηλόλιγνου γεννήθηκε το 1960. Είναι κολυμβήτρια και υπήρξε μέλος των εθνικών ομάδων νεανίδων και γυναικών, με πολλές πανελλήνιες νίκες στα εθνικά πρωταθλήματα και τρεις τρίτες νίκες σε Βαλκανιάδες. Είναι η πρώτη Ελληνίδα που διέπλευσε τη Μάγχη και μάλιστα δύο φορές, κάτι που δεν έχει επιτύχει άλλη Ελληνίδα. Ο χρόνος της ήταν 10 ώρες και 40 λεπτά – επίδοση που χαρακτηρίζεται εξαιρετική. Είναι η πρώτη μεταξύ όλων των Ελλήνων που κολύμπησε τον διπλό διάπλου Κορώνη-Καλαμάτα, δηλαδή μια απόσταση 60χλμ.

Επίσης, στις 17 Ιουλίου 2008, έγινε η πρώτη Ελληνίδα που πραγματοποίησε τον διπλό διάπλου του Τορωναίου Κόλπου (Κασσάνδρας). Κολύμπησε τα 52 χυλιόμετρα της συνολικής απόστασης σε 19½ ώρες.

Η Σοφία Ψηλόλιγνου έχει κολυμπήσει σε δεκάδες σημαντικούς αγώνες όπως τους διάπλους Βοσπόρου, Τορωναίου Κόλπου, Κεφαλονιάς, Μεσσηνιακού και Μαλλιακού Κόλπου. Είναι πτυχιούχος της ΑΣΟΕΕ και μητέρα τριών παιδιών.

**PSILOLIGNOU SOFIA (GRE) (2X)+ (English Channel)** 1999 2nd of 5 Kallithea-Nikiti 10:04:00, 2001 1st of 5 Kallithea-Nikiti 9:00:00, 2005 3rd of 3 Kallithea-Nikiti 8:58:00, 2007 1st of 5 Kallithea-Nikiti 9:12:00, 2008 (**2X**)=2X24,5=49 Km No-wetsuit 19:30:00, 2014 1st of 2 Kallithea-Nikiti 9:02:00, 2016 1st of 4 Kallithea-Nikiti 8:47.10, 2022 2nd of 4 Kallithea-Nikiti 11:13:00

**ADELL LIOSASS CARLES JOAN (ESP)** 2024 6th of 15 Kallithea-Nikiti 24,5 Km 6:51:49

AGGOLI EDUARD (ALB) 2021 9th of 15 Kallithea-Nikiti 24,5 Km 12:02:00

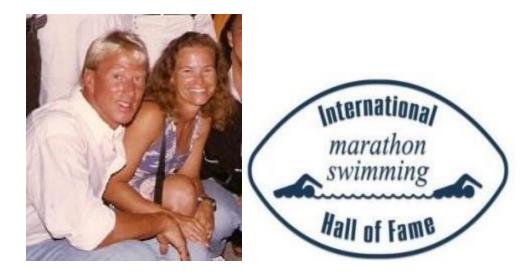
ANTINIA SANDOS (INDIA) 2005 5th of 17 Kallithea-Nikiti 8:37:00



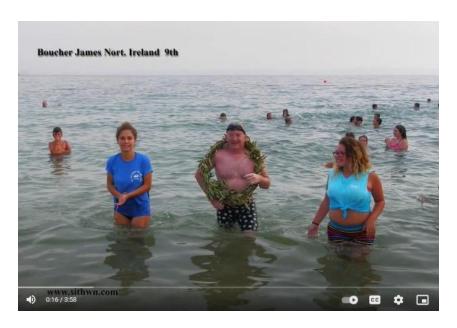
ARTEAGA MIKEL (ESP) 2023 1st of 15 Kallithea-Nikiti 24,5 Km 7:38:07

## ATAOV ANLI (TUR) 2007 4th of 5 Kallithea-Nikiti 10:09:00

**BALAZI ZOLTAN (HUN) 1990 1st** of 11 Afitos-Nikiti 24 Km 6:23:00 , **1991 1st** of 7 Afitos-Nikiti 24 Km 6:27:00



**BENER JAY (USA) IMSHOF (faster over all ) 1997 1st** of 17 Afitos-Nikiti 24 Km 5:14:00



**BOUCHER JAMES (Northern IRL) (English Channel)** 2014 8th of 18 Kallithea-Nikiti 9:12:00 His coments about the race

:https://forum.marathonswimmers.org/discussion/975/anyone-done-this-race-ingreece-international-swimming-marathon-of-toroneos-gulf

**BROUER CARINA (RSA)** 2005 1st of 3 Kallithea-Nikiti 7:59:00 She says: "Great memories. I would love to swim it again."



# **BUCHTA KRISZTIA'N TAMA'S (HUN)** 2019 7th of 11 Kallithea-Nikiti 24,5 Km 10:13:00



**CECH DAVID (CZE)** (English Channel) 2007 1st of 24 Kallithea-Nikiti 7:07:00, 2008 2nd of 22 Kallithea-Nikiti 6:39:00



**CHOWDHURY CHAKRABORTY BULA (INDIA)** (English Channel) 2002 1st of 4 Kallithea-Nikiti 8:11:00

**CIARAMELLA FERNANDO DARIO (ARG)** 2011 8th of 21 Kallithea-Nikiti 8:22:00



CINGI BOJAN (SRB) (English Channel) 1992 6th of 21 Afitos-Nikiti 24 Km 6:30:00 , 1993 1st of 14 Afitos-Nikiti 24 Km 5:38:00 , 1994 1st of 14 Afitos-Nikiti 24 Km 7:14:00 , 1995 2nd of 10 Afitos-Nikiti 24 Km 9:27:00 , 1996 5th of 15 Afitos-Nikiti 24 Km 8:24:00



**CONWAY HELEN (AUS)** (English Channel) 2019 2nd of 6 Kallithea-Nikiti 24,5 Km 8:00:00

COOK DAVID (USA) 2007 11th of 24 Kallithea-Nikiti 9:38:00

**DALIBOR DANIEL (CZE)** 1989 3rd of 7 Kallithea-Nikiti 24,5 km 9:15:00

**DEMIRKAN KUBILAY (TUR)** 2007 22nd of 24 Kallithea-Nikiti 11:54:00





**DIAZ MARCOS (DOM)** (IMSHOF) 2004 1st of 19 Kallithea-Nikiti 6:26:00, 2005 1st of 17 Kallithea-Nikiti 6:26:00, 2006 1st of 21 Kallithea-Nikiti 6:32:00, 2009 1st of 22 Kallithea-Nikiti 6:09:00



**DIMOVSKI IGOR (North Macedonia)** (English Channel)+2011 1st of 21 Kallithea-Nikiti 6:44:00



**D'OTTAVIO PATRICIO (ARG) (English Channel)** 1997 7th of 17 Afitos-Nikiti 24 Km 6:15:00, 1999 2nd of 19 Kallithea-Nikiti 8:40:00

EDIT BOSZORMENYI (HUN) 2013 16th of 19 Kallithea-Nikiti 10:19:00

FLEGE MICHAELA (GER) 2001 4th of 5 Kallithea-Nikiti 11:36:00

FLORIT OSCAR (ESP) 2018 4th of 17 Kallithea-Nikiti 24,5Km 7:18:00

**GHADGE VINOD RAMCHANDRA (INDIA)** 2003 18th of 23 Kallithea-Nikiti 12:05:00

**GHADGE BALASAHEB (INDIA)** 2002 19th of 23 Kallithea-Nikiti 10:43:00, 2003 21st of 23 Kallithea-Nikiti 13:10:00

GKROUSTIGK ZVEZDAN (SRB) 1991 6th of 7 Afitos-Nikiti 24 Km 9:26:00

GOLDBERG FELIX (GER) 2000 11th of 22 Kallithea-Nikiti 8:22:00, 2001 13th of 18 Kallithea-Nikiti 9:47:00

GROENTIS SVENSTAN (HUN) 1992 7th of 21 Afitos-Nikiti 24 Km 6:36:00

GYORFFY AKOS (HUN) 2000 3rd of 22 Kallithea-Nikiti 6:18:00

**HALAUCA SERGIU-GABRIEL (ROM)** 2018 16th of 17 Kallithea-Nikiti 24,5Km 12:11:00



**HOLMAN BOB (UK) (English Channel)** 1999 15th of 19 Kallithea-Nikiti 12:45:00, 2001 17th of 18 Kallithea-Nikiti 12:13:00

HUGO RAPHAEL (ARG) 2013 14th of 19 Kallithea-Nikiti 9:38:00

INNOCENTI DIEGO (ITA) 2024 11th of 15 Kallithea-Nikiti 24,5 Km 7:34:04



**KARAJOVANOV JANE (North Macedonia) 2000 1st** of 22 Kallithea-Nikiti 5:42:00



KEDIA RITU (INDIA) (English Channel) 2007 3rd of 5 Kallithea-Nikiti 9:51:00

LARROSA JOSE LUIS (ESP) 2016 3rd of 12 Kallithea-Nikiti 6.19.26

LAXMAN PATIL BAJIRAO (INDIA) 2003 20th of 23 Kallithea-Nikiti 13:10:00

LESHCHANOV VALERII (RUS) 2019 8th of 11 Kallithea-Nikiti 24,5 Km 10:54:00

LI SIMON (UK) 1990 2nd of 11 Afitos-Nikiti 24 Km 8:09:00

LYKA SARON (Blind) (USA) 1998 9th of 9 Kallithea-Nikiti 13:00:00





MANYOKI ATTILA (HUN) (IMSHOF) 1992 5th of 21 Afitos-Nikiti 24 Km 6:19:00 , 1997 8th of 17 Afitos-Nikiti 24 Km 6:20:00 , 1998 3rd of 14 Kallithea-Nikiti 7:34:00 , 1999 3rd of 19 Kallithea-Nikiti 8:47:00 , 2000 5th of 22 Kallithea-Nikiti 7:17:00 , 2001 2nd of 18 Kallithea-Nikiti 7:36:00 , 2002 2nd of 23 Kallithea-Nikiti 7:07:00 , 2003 2nd of 23 Kallithea-Nikiti 7:45:00 , 2004 3rd of 19 Kallithea-Nikiti 7:01:00 , 2005 3rd of 17 Kallithea-Nikiti 7:49:00 , 2008 5th of 22 Kallithea-Nikiti 7:08:00 , 2014 3rd of 18 Kallithea-Nikiti 7:50:00 , 2023 4th of 15 Kallithea-Nikiti 24,5 Km 9:05:06

MARGARET ROBERTO (ARG) 2008 13th of 22 Kallithea-Nikiti 8:54:00

MARKO CATHY (FRA) 2012 2nd of 6 Kallithea-Nikiti 9:38:00



MASON KATE (AUS) (English Channel) 2002 3rd of 4 Kallithea-Nikiti 9:18:00





MATSUZAKI JUKO (IMSHOF) (JPN) 2008 2nd of 5 Kallithea-Nikiti 7:53:00





**MIJIC VOJISLAV (SRB) (IMSHOF)** 1991 4th of 7 Afitos-Nikiti 24 Km 7:56:00, 1995 3rd of 10 Afitos-Nikiti 24 Km 10:13:00

MILLER MARK (USA) 2018 9th of 17 Kallithea-Nikiti 24,5Km 9:01:00

MILOCH KATARINA (SRB) 1990 1st of 2 Afitos-Nikiti 24 Km 7:35:00

**MIRIANI MAURICIO JAVIER (ARG)** 1997 6th of 17 Afitos-Nikiti 24 Km 5:57:00

MPITE ULF (CZE) 1991 5th of 7 Afitos-Nikiti 24 Km 8:56:00

MPOUSAK ALEKS (CZE) 1991 3rd of 7 Afitos-Nikiti 24 Km 7:35:00

MUGOWAN ELLERY (AUS) 2014 16th of 18 Kallithea-Nikiti 11:56:00



**NAHA GANESH (INDIA) (English Channel)** 1999 9th of 19 Kallithea-Nikiti 11:35:00

NEMETH CSABA R.I.P. (HUN) 1998 12th of 14 Kallithea-Nikiti 10:08:00

OBRTANEC IVAN (SVK) 2019 4th of 11 Kallithea-Nikiti 24,5 Km 8:52:00

**ODEMAERE JOHANES GIAKOMBUS (NED)** 1987 1st of 5 Kallithea-Nikiti 24,5 Km 7:45:00 , 1988 1st of 5 Kallithea-Nikiti 24,5 Km 9:00:00 , 1990 3rd of 11 Afitos-Nikiti 24 Km 8:22:00

**PAL GEORGI (HUN)** 1992 3rd of 21 Afitos-Nikiti 24 Km 5:54:00



PALFREY JUSTIN (UK) (English Channel )+1996 1st of 15 Afitos-Nikiti 24 Km 6:25:00

### PEREZ DIAZ ALBERTO (ESP) 2024 7th of 15 Kallithea-Nikiti 24,5 Km 7:01:28



PICHLER CRISTIAN (GER) 1981 1st of 8 Kallithea-Nikiti 24,5 km 7:20:00, 1983 1st of 10 Kallithea-Nikiti 24,5 km

PONCE DANIEL JIEMENEZ (ESP) 2016 2nd of 12 Kallithea-Nikiti 6.05.48

PORTERS RIK (BEL) 2013 15th of 19 Kallithea-Nikiti 9:48:00

**PYLE TERRI (USA)** 2001 3rd of 5 Kallithea-Nikiti 9:52:00, 2004 3rd of 5 Kallithea-Nikiti 9:49:00

RAVANGA JOSE IGNACIO (ESP) 2015 2nd of 16 Kallithea-Nikiti 7:14:00





**READ MICHAEL PETER (UK) (IMSHOF)** 1992 9th of 21 Afitos-Nikiti 24 Km 7:33:00, 1993 4th of 14 Afitos-Nikiti 24 Km 7:08:00, 1994 7th of 14 Afitos-Nikiti 24 Km 10:10:00, 1995 5th of 10 Afitos-Nikiti 24 Km 11:41:00, 1996 8th of 15 Afitos-Nikiti 24 Km 9:10:00, 1997 12th of 17 Afitos-Nikiti 24 Km 8:12:00, 1998 8th of 14 Kallithea-Nikiti 8:50:00, 1999 8th of 19 Kallithea-Nikiti 11:24:00, 2000 10th of 22 Kallithea-Nikiti 8:20:00, 2001 9th of 18 Kallithea-Nikiti 9:33:00, 2002 12th of 23 Kallithea-Nikiti 8:40:00, 2004 8th of 19 Kallithea-Nikiti 8:48:00, 2005 9th of 17 Kallithea-Nikiti 9:54:00, 2006 14th of 21 Kallithea-Nikiti 10:54:00, 2007 13th of 24 Kallithea-Nikiti 9:56:00, 2008 17th of 22 Kallithea-Nikiti 9:59:00, 2012 16th of 18 Kallithea-Nikiti 10:37:00, 2011 12th of 21 Kallithea-Nikiti 9:58:00, 2012 16th of 18

Kallithea-Nikiti 10:10:00 , 2013 10th of 19 Kallithea-Nikiti 9:07:00 , 2014 9th of 18 Kallithea-Nikiti 10:30:00 , 2015 11th of 16 Kallithea-Nikiti 11:35:00 , 2016 9th of 12 Kallithea-Nikiti 9:38:00 , 2017 11th of 11 Kallithea-Nikiti 15:05:00 , 2018 13th of 17 Kallithea-Nikiti 24,5 Km 10:00:00 , 2019 10th of 11 Kallithea-Nikiti 24,5 Km 11:27:00 , 2023 14th of 15 Kallithea-Nikiti 24,5 Km OTL



FILHO NADADORA RECORDISTA

**RIBEIRO DAIIZA DAMAS (BRA) R.I.P. (English Channel)** 1996 4th of 4 Afitos-Nikiti 24 Km 9:50:00, 2000 2nd of 3 Kallithea-Nikiti 8:44:00

RICHTER OUTE (GER) 1981 1st of 2 Kallithea-Nikiti 24,5 Km 7:58:00

RICHTER PETRA (GER) 1981 2nd of 2 Kallithea-Nikiti 24,5 Km 8:48:00

**SALAH EL DIN MORSY HOSSAM (EGY)** 1997 3rd of 17 Afitos-Nikiti 24 Km 5:50:00

**SALAH EL DIN MORSY MOHAMED (EGY)** 1997 4th of 17 Afitos-Nikiti 24 Km 5:50:00

SALE SAVEL (AUT) 2013 7th of 19 Kallithea-Nikiti 7:44:00, 2015 8th of 16 Kallithea-Nikiti 9:29:00

SATISH KADAM SNEHAL (INDIA) 2002 4th of 4 Kallithea-Nikiti 10:46:00

SATISH KADAM KRISHNA (INDIA) 2002 20th of 23 Kallithea-Nikiti 10:46:00

SCHLASTVEV NORBERT (?) 1983 2nd of 10 Kallithea-Nikiti 24,5 km

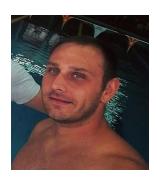
SKRODZKI MICHAEL (POL) 2009 3rd of 22 Kallithea-Nikiti 6:27:00

**STANISAVLEVIC VLADIMIR (SRB)** 1989 5th of 7 Kallithea-Nikiti 24,5 Km 11:40:00 , 1990 4th of 11 Afitos-Nikiti 24 Km 10:15:00 , 1992 8th of 21 Afitos-Nikiti 24 Km 7:30:00





**STEFANOVSKI TOMMY (IMHOF)** (North Macedonia) 1997 2nd of 17 Afitos-Nikiti 24 Km 5:48:00



STOJANOVSKI ILIJA (North Macedonia) 2003 1st of 23 Kallithea-Nikiti 6:56:00





STREETER ALISON (UK) (IMHOF) 1998 1st of 9 Kallithea-Nikiti 7:42:00

**TIMANY MAY (LBN)** 2023 1st of 2 Kallithea-Nikiti 24,5 Km 10:51:54



TUSET JACQUES (FRA) (IMHOF) 2012 4th of 18 Kallithea-Nikiti 7:25:00

VAN HOUWELINGEN WOUTER (NED) 2009 8th of 22 Kallithea-Nikiti 8:32:00, 2011 9th of 21 Kallithea-Nikiti 8:27:00

VAN WISSE TAMMY (AUS) 1996 1st of 4 Afitos-Nikiti 24 Km 7:25:00

**VEENENDAAL ELKE (NED)** 2016 2nd of 4 Kallithea-Nikiti 9.21.43



**VELKOV VASIL (North Macedonia)** 1997 5th of 17 Afitos-Nikiti 24 Km 5:55:00, **1999 1st** of 19 Kallithea-Nikiti 8:20:00, 2000 2nd of 22 Kallithea-Nikiti 6:03:00

VELLA STAN (USA) 2002 3rd of 23 Kallithea-Nikiti 7:18:00



VEMOURI KAUSTUBH (INDIA) 2006 12th of 21 Kallithea-Nikiti 10:04:00 years old 9

VERHAS ISTVAN (HUN) 2014 15th of 18 Kallithea-Nikiti 11:32:00

ZAKI MOSTAFA SAID (EGY) 2023 5th of 15 Kallithea-Nikiti 24,5 Km 9:48:09

**ZMIT VIESTAN** (**POL**) 1990 7th of 11 Afitos-Nikiti 24 Km 11:32:00

**ZURBAGIU BOGDAN COSMIN (ROM)** 2021 7th of 15 Kallithea-Nikiti 24,5 Km 9:45:00

**ZVETPALI GABOR (HUN)** 1990 11th of 11 Afitos-Nikiti 24 Km 14:05:00



15.EPILOGUE: p. 96-103

Special mention to the following, all 18 of whom are members of our association



"LEANDROS" ie. of the 1st Marathon swimming club in Greece. They excelled by finishing the crossing of Toroneos:



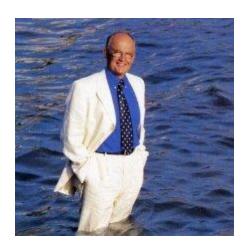
**Kouveli Vicky**, **3 times World Champion** 3k OWS Masters, Coach of "LEANDROS"



**Mathas Giorgos**, crossing the **English Channel** 1998, coach of "LEANDROS", a total of 10 crossings of Toroneos



**Xanthopoulos Thanasis** former MP, Vice-President "LEANDROS", - with the most participations of all in Toroneos



**Kotsiopoulos Giannis**, crossing the **English Channel** in 2000, President the "LEANDROS" – the only one with a **triple crossing of Toroneos** and with 100% success in all **15 crossings** of Toroneos including the triple and double crossings.

## Νέο ρεκόρ στη διπλή διάπλευση του Τορωναίου Κόλπου από το Γ. Σταυρόπουλο





Agathangelou Tasos - the fastest of all Greeks on the 2016 crossing



Gonidi Christina -1st of women in 2022

The following are in alphabetical order the **members of "LEANDROS"** who have also **finished in Toroneos**:



Giouzepas Dimitris



Katharios Kostas



Komninos Neophytos



Louka Vasiliki



**Meladinis Aristidis** 



Papalamprou George



**Dallas Dimitris** 



Souvermezoglou Yiannis



Spiliotopoulos Andreas



Nemeth Csaba R.I.P. (HUN).

In the end, those who have had this life experience of the swimming crossing of Toroneos , **are blessed** for life!



## The power of his pen makes us love the "Great Wave Track of Toroneos" the most!

# Τορωναίου τα θαύματα

### Του ΓΙΩΡΓΟΥ ΣΚΑΜΠΑΡΔΩΝΗ

«Ο άνεμος κλαίει, σκυλί στο λυσσακά του». Το κύμα, κινούμενα 
νερόβουνο πάθους εφτά μποφώρ, περνάει πάνω από το κεφάλι σου, 
πάνω από τα κεφάλια των κολυμβητών, 
χτυπάει στη βάρκα συνοδείας, γυρίζει και 
ξανασκάει στο πρόσωπό σου τη στιγμή 
που βγαίνεις για μιαν, ακριβή, κλεφτή 
ανάσα.

Σκυλί στα λυσσακά του ο άνεμος και ο Τορωναίος κόλπος ανταριπσμένος, άγριος, έξω φρενών, δαρρείς που πάλι και φέτος, εικοσιπέντε κολυμβητές, εικοσιπέντε μικροσκοπικά όντα (συγκριτικά με το μεγαλείο τους) αποτολμούν να τον διασχίσουν, να τον πατήσουν, να τον παραδιάσουν, να τον ταπεινώσουν, με μόνο όπλο τα χεράκια τους, το γυμνό τους φτενό σαρκίο και το μεγάλο φωτεινό όρομα μέσα στο επίμονο, τρομερό μυαλά τους, πιο τρομερό από οποιονδήποτε άνεμο, από οποιανδήποτε δυσκολία.

Αυτός ο ανελέητος αγώνας, ο κολυμθητικός διάπλους του Τορωναίου κόλπου, η διαδρομή από το ένα πόδι της Χαλκιδικής στο άλλο, από την Αφυτο στη Νικήτη που γίνεται κόθε χρόνο επί 24 συναπτά έτη, ήταν φέτος, προχθές, το περασμένο Σάββατο, ένας πραγματικός σπαραγμός ένας αγώνας κοινών θνητών, δρατών, φθαρτών σωμάτων με τον θεό Πασειδώνα.

Οι αθερίνες έναντίον του Λεδιάθαν, ή μήπως κοινές ζαργάνες επιφανείας κατά του θηριώδους Μπόμπυ Ντικ;

«Να ταν η θάλασσα στεριά να τηνε περπατήσω και να περάσω απέναντι να μου διαθούν οι πόνοι».

Εδώ, σ' αυτόν τον φοθερό αγώνα, στοι κολυμθητικό διάπλου του Τορωναΐου κόλ που δεν περνούν οι πιστωτικές κάρτες κα τα φύκια δεν είναι μεταξωτές κορδέλες Εδώ χρειάζονται κότσια πραγματικά πνευμόνια και ώμοι, σθεναρό καρδιανα πνευστικό αλλά, πιο πολύ: πίστη, αφοσίω ση, πάθος, ανελέητη επιμιονή, ατελεύτητ καρτερία, διαρκής αυτούπέρθαση, περιφρόνηση της οδύνης, εσωτερικό φως κα τάντικρυ στο φόθο των ανελέητων κυμά των και υτο αποκάτω τους εφιαλτικό σκο τάδι.

Εδώ δεν πρόκειται για κρουαζιέρα μ αντιηλιακό Καρατέν, ούτε για ακολουθί του εσπερινού.

Εδώ μπουμπουνίζει το νερό και απ πάνω έρχονται τα αφρισμένα λεφούσια, δοή, η νερένια λαίλαπα κι αποκάτω είνε το ψυχρό, πράσινο, επίφοδο θάμπωμα, κατάθλιφη, η φοδία και η τεράστια μπλ μέδουσα της αδυναμίας που σου γνέφε «παραιτήσου, ανέδα στη δάρκα να ησυχέ σεις, εγκατάλειψεί».

Οι ατελείωτες παράγραφοι των κι μάτων.

Το Μέγα του Τορωναίου Κυματοδρί μιον.

Σ΄ αυτόν τον φετινό αγώνα, στον οποί τα πέντε μποφώρ γίνονταν εφτά και ανάπαλιν, συμμετείχαν εικοσιπέντε κα λυμβητές εκ των οποίων οι τρεις κοπέλε - η μία, θαλασσοκόρη του «Αλμπατρος», Βαία Μίκηκη, παρουσία ευγενική και λι πτοφυής, κατόρθωσε να θγει στην αμμοι διά της Νικήτης, να τερματίσει, όπως κι οι δεκαέξι από τους συμμετέχοντες ι

ISBN:



Giannis Kotsiopoulos www.leandrosswim.wordpress.com

